US HARBORS www.USHarbors.com

Norfolk, VA - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**4:18**	2.4	**4:56**	3.0	**10:17**	0.7	**11:45**	0.8	6:36	7:33	
2	Tue	**5:25**	2.4	**6:03**	3.0	**11:22**	0.7			6:37	7:32	
3	Wed	**6:32**	2.5	**7:01**	3.2	**12:39**	0.7	**12:24**	0.7	6:38	7:30	
4	Thu	**7:26**	2.7	**7:50**	3.3	**1:28**	0.6	**1:21**	0.6	6:38	7:29	
5	Fri	**8:15**	2.9	**8:36**	3.5	**2:13**	0.5	**2:14**	0.4	6:39	7:27	
6	Sat	**9:00**	3.2	**9:21**	3.6	**2:55**	0.4	**3:06**	0.3	6:40	7:26	
7	Sun	**9:45**	3.4	**10:05**	3.6	**3:36**	0.2	**3:55**	0.2	6:41	7:24	
8	Mon	**10:29**	3.6	**10:49**	3.6	**4:16**	0.1	**4:43**	0.2	6:42	7:23	
9	Tue	**11:12**	3.8	**11:33**	3.5	**4:56**	0.1	**5:31**	0.2	6:42	7:21	
10	Wed	**11:58**	3.9			**5:36**	0.1	**6:21**	0.2	6:43	7:20	
11	Thu	**12:20**	3.3	**12:48**	3.9	**6:20**	0.1	**7:17**	0.3	6:44	7:18	
12	Fri	**1:11**	3.2	**1:41**	3.8	**7:10**	0.2	**8:18**	0.4	6:45	7:17	
13	Sat	**2:05**	3.0	**2:39**	3.7	**8:06**	0.3	**9:24**	0.6	6:46	7:15	
14	Sun	**3:03**	2.8	**3:42**	3.5	**9:09**	0.4	**10:34**	0.6	6:46	7:14	
15	Mon	**4:09**	2.7	**4:56**	3.4	**10:19**	0.5	**11:43**	0.6	6:47	7:12	
16	Tue	**5:29**	2.7	**6:15**	3.4	**11:33**	0.5			6:48	7:11	
17	Wed	**6:44**	2.9	**7:19**	3.4	**12:44**	0.6	**12:41**	0.5	6:49	7:09	
18	Thu	**7:44**	3.1	**8:10**	3.4	**1:38**	0.5	**1:42**	0.5	6:50	7:08	
19	Fri	**8:35**	3.3	**8:55**	3.4	**2:26**	0.4	**2:37**	0.4	6:51	7:06	
20	Sat	**9:21**	3.4	**9:36**	3.4	**3:09**	0.4	**3:27**	0.4	6:51	7:05	
21	Sun	**10:02**	3.5	**10:13**	3.3	**3:47**	0.3	**4:11**	0.4	6:52	7:03	
22	Mon	**10:39**	3.6	**10:48**	3.3	**4:22**	0.3	**4:50**	0.4	6:53	7:02	
23	Tue	**11:13**	3.6	**11:23**	3.1	**4:53**	0.4	**5:27**	0.5	6:54	7:00	
24	Wed	**11:47**	3.5	**11:59**	3.0	**5:23**	0.4	**6:04**	0.5	6:55	6:59	
25	Thu			**12:22**	3.5	**5:53**	0.5	**6:42**	0.6	6:55	6:57	
26	Fri	**12:37**	2.9	**12:59**	3.4	**6:25**	0.6	**7:23**	0.7	6:56	6:55	
27	Sat	**1:17**	2.8	**1:40**	3.3	**7:02**	0.7	**8:10**	0.8	6:57	6:54	
28	Sun	**2:00**	2.6	**2:24**	3.2	**7:46**	0.8	**9:02**	0.9	6:58	6:52	
29	Mon	**2:47**	2.6	**3:14**	3.1	**8:39**	0.8	**9:59**	0.9	6:59	6:51	
30	Tue	**3:40**	2.5	**4:11**	3.1	**9:39**	0.8	**10:59**	0.9	7:00	6:49	