

































Norfolk, VA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:12	3.1	7:35	2.2	12:35	-0.4	1:50	-0.2	7:18	4:59	
2	Fri	8:12	3.2	8:34	2.3	1:35	-0.5	2:46	-0.3	7:18	5:00	
3	Sat	9:08	3.2	9:29	2.4	2:34	-0.5	3:38	-0.4	7:18	5:01	
4	Sun	9:59	3.2	10:21	2.5	3:29	-0.6	4:25	-0.4	7:18	5:02	
5	Mon	10:48	3.0	11:13	2.5	4:21	-0.5	5:12	-0.4	7:18	5:03	
6	Tue	11:35	2.8			5:13	-0.4	5:58	-0.3	7:18	5:03	
7	Wed	12:04	2.5	12:22	2.6	6:07	-0.3	6:44	-0.3	7:18	5:04	
8	Thu	12:55	2.4	1:07	2.4	7:03	-0.1	7:30	-0.2	7:18	5:05	
9	Fri	1:44	2.4	1:52	2.1	8:00	0.0	8:14	-0.1	7:18	5:06	
10	Sat	2:33	2.3	2:38	1.9	8:57	0.1	9:00	-0.1	7:18	5:07	
11	Sun	3:26	2.2	3:30	1.8	9:57	0.2	9:49	0.0	7:17	5:08	
12	Mon	4:25	2.2	4:32	1.7	10:56	0.2	10:40	0.0	7:17	5:09	
13	Tue	5:25	2.2	5:34	1.7	11:51	0.2	11:32	0.0	7:17	5:10	
14	Wed	6:18	2.3	6:28	1.7			12:42	0.1	7:17	5:11	
15	Thu	7:06	2.4	7:17	1.8	12:21	0.0	1:30	0.0	7:16	5:12	
16	Fri	7:50	2.5	8:02	1.9	1:10	-0.1	2:14	0.0	7:16	5:13	
17	Sat	8:31	2.6	8:45	2.0	1:56	-0.2	2:54	-0.1	7:16	5:14	
18	Sun	9:10	2.6	9:24	2.1	2:40	-0.2	3:29	-0.2	7:15	5:15	
19	Mon	9:46	2.7	10:02	2.2	3:21	-0.3	4:03	-0.3	7:15	5:16	
20	Tue	10:21	2.7	10:39	2.3	3:59	-0.3	4:36	-0.3	7:14	5:17	
21	Wed	10:57	2.6	11:18	2.3	4:39	-0.3	5:10	-0.3	7:14	5:18	
22	Thu	11:36	2.6			5:21	-0.3	5:47	-0.3	7:13	5:19	
23	Fri	12:00	2.4	12:19	2.5	6:08	-0.2	6:29	-0.3	7:13	5:20	
24	Sat	12:46	2.5	1:05	2.3	7:02	-0.1	7:15	-0.3	7:12	5:21	
25	Sun	1:35	2.5	1:54	2.2	8:01	-0.1	8:06	-0.3	7:12	5:22	
26	Mon	2:29	2.5	2:50	2.0	9:07	0.0	9:04	-0.3	7:11	5:24	
27	Tue	3:32	2.5	3:57	1.9	10:20	0.0	10:10	-0.3	7:10	5:25	
28	Wed	4:47	2.6	5:13	1.9	11:32	0.0	11:19	-0.3	7:10	5:26	
29	Thu	6:01	2.7	6:23	2.0			12:37	-0.1	7:09	5:27	
30	Fri	7:07	2.8	7:27	2.1	12:25	-0.4	1:38	-0.2	7:08	5:28	
31	Sat	8:06	2.9	8:25	2.3	1:28	-0.5	2:33	-0.3	7:07	5:29	