

































Norfolk, VA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:18	2.5	11:29	3.0	5:16	0.2	5:08	0.2	5:49	8:28	
2	Thu	11:56	2.6			5:49	0.2	5:46	0.3	5:50	8:28	
3	Fri	12:06	3.0	12:34	2.6	6:23	0.2	6:27	0.3	5:50	8:28	
4	Sat	12:44	2.9	1:14	2.7	6:59	0.2	7:12	0.3	5:51	8:28	
5	Sun	1:24	2.8	1:55	2.8	7:37	0.2	8:03	0.4	5:51	8:27	
6	Mon	2:08	2.7	2:39	2.9	8:19	0.1	8:58	0.4	5:52	8:27	
7	Tue	2:54	2.6	3:26	3.0	9:05	0.1	9:58	0.4	5:52	8:27	
8	Wed	3:45	2.5	4:20	3.1	9:56	0.1	11:02	0.3	5:53	8:27	
9	Thu	4:45	2.4	5:23	3.2	10:52	0.1			5:54	8:26	
10	Fri	5:53	2.4	6:28	3.3	12:09	0.3	11:54 AM	0.1	5:54	8:26	
11	Sat	6:59	2.5	7:32	3.4	1:12	0.2	12:56	0.0	5:55	8:26	
12	Sun	8:02	2.6	8:33	3.5	2:14	0.1	1:58	0.0	5:56	8:25	
13	Mon	9:03	2.7	9:33	3.6	3:13	0.0	3:01	-0.1	5:56	8:25	
14	Tue	10:01	2.8	10:28	3.6	4:08	-0.1	4:01	-0.2	5:57	8:24	
15	Wed	10:57	3.0	11:21	3.5	4:57	-0.1	4:57	-0.2	5:58	8:24	
16	Thu	11:50	3.1			5:45	-0.1	5:52	-0.1	5:58	8:23	
17	Fri	12:11	3.4	12:43	3.1	6:31	-0.1	6:48	0.0	5:59	8:23	
18	Sat	1:00	3.1	1:36	3.1	7:18	0.0	7:47	0.1	6:00	8:22	
19	Sun	1:49	2.9	2:26	3.1	8:05	0.1	8:45	0.3	6:00	8:22	
20	Mon	2:36	2.7	3:16	3.1	8:52	0.2	9:44	0.4	6:01	8:21	
21	Tue	3:24	2.5	4:07	3.0	9:39	0.3	10:42	0.5	6:02	8:20	
22	Wed	4:16	2.3	5:03	2.9	10:27	0.4	11:41	0.5	6:03	8:20	
23	Thu	5:16	2.2	6:02	2.9	11:19	0.4			6:03	8:19	
24	Fri	6:20	2.2	6:56	2.9	12:35	0.5	12:12	0.4	6:04	8:18	
25	Sat	7:15	2.2	7:45	3.0	1:26	0.5	1:03	0.4	6:05	8:18	
26	Sun	8:05	2.3	8:30	3.0	2:13	0.4	1:53	0.4	6:06	8:17	
27	Mon	8:51	2.4	9:12	3.1	2:57	0.4	2:41	0.4	6:06	8:16	
28	Tue	9:35	2.6	9:52	3.1	3:37	0.3	3:27	0.3	6:07	8:15	
29	Wed	10:15	2.7	10:28	3.2	4:14	0.2	4:09	0.3	6:08	8:14	
30	Thu	10:52	2.8	11:04	3.1	4:47	0.2	4:48	0.3	6:09	8:13	
31	Fri	11:28	2.9	11:39	3.1	5:18	0.1	5:27	0.3	6:10	8:13	