US HARBORS www.USHarbors.com

Norfolk, VA - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:05	3.0	5:50	0.1	6:07	0.3	6:10	8:12	
2	Sun	12:17	3.0	12:43	3.1	6:24	0.1	6:51	0.3	6:11	8:11	
3	Mon	12:57	2.9	1:25	3.1	7:02	0.1	7:41	0.4	6:12	8:10	
4	Tue	1:41	2.8	2:10	3.2	7:45	0.2	8:37	0.4	6:13	8:09	
5	Wed	2:29	2.7	3:00	3.2	8:34	0.2	9:37	0.4	6:14	8:08	
6	Thu	3:21	2.6	3:56	3.3	9:28	0.2	10:44	0.4	6:15	8:07	
7	Fri	4:22	2.5	5:02	3.3	10:30	0.2	11:54	0.4	6:15	8:06	
8	Sat	5:34	2.5	6:15	3.4	11:38	0.2			6:16	8:04	
9	Sun	6:47	2.6	7:23	3.5	1:00	0.4	12:46	0.2	6:17	8:03	
10	Mon	7:52	2.7	8:25	3.6	2:01	0.3	1:51	0.1	6:18	8:02	
11	Tue	8:53	3.0	9:22	3.6	2:57	0.2	2:54	0.0	6:19	8:01	
12	Wed	9:49	3.2	10:13	3.6	3:49	0.1	3:53	0.0	6:20	8:00	
13	Thu	10:41	3.3	11:01	3.5	4:35	0.0	4:46	0.0	6:20	7:59	
14	Fri	11:29	3.4	11:46	3.4	5:18	0.0	5:36	0.1	6:21	7:58	
15	Sat			12:16	3.5	5:59	0.0	6:27	0.2	6:22	7:56	
16	Sun	12:30	3.2	1:03	3.4	6:40	0.1	7:18	0.3	6:23	7:55	
17	Mon	1:14	3.0	1:49	3.3	7:22	0.2	8:12	0.4	6:24	7:54	
18	Tue	1:59	2.8	2:34	3.2	8:05	0.4	9:06	0.6	6:24	7:53	
19	Wed	2:45	2.6	3:20	3.1	8:51	0.5	10:01	0.7	6:25	7:51	
20	Thu	3:33	2.4	4:12	3.0	9:40	0.6	11:00	0.7	6:26	7:50	
21	Fri	4:30	2.3	5:14	2.9	10:35	0.6	11:58	0.7	6:27	7:49	
22	Sat	5:38	2.3	6:19	2.9	11:35	0.7			6:28	7:47	
23	Sun	6:43	2.4	7:13	3.0	12:51	0.7	12:33	0.6	6:29	7:46	
24	Mon	7:36	2.5	7:59	3.1	1:38	0.6	1:25	0.6	6:29	7:45	
25	Tue	8:22	2.7	8:41	3.2	2:21	0.5	2:15	0.5	6:30	7:43	
26	Wed	9:04	2.9	9:21	3.3	3:00	0.4	3:02	0.4	6:31	7:42	
27	Thu	9:44	3.1	9:58	3.3	3:36	0.3	3:46	0.4	6:32	7:40	
28	Fri	10:21	3.2	10:35	3.3	4:10	0.3	4:27	0.3	6:33	7:39	
29	Sat	10:57	3.4	11:12	3.3	4:43	0.2	5:06	0.3	6:33	7:38	
30	Sun	11:34	3.5	11:50	3.2	5:16	0.2	5:47	0.3	6:34	7:36	
31	Mon			12:14	3.5	5:52	0.2	6:32	0.4	6:35	7:35	