US HARBORS www.USHarbors.com

Norfolk, VA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:39	3.0	6:57	2.2	12:03	-0.4	1:08	-0.2	7:18	4:59	
2	Wed	7:38	3.1	7:56	2.3	1:03	-0.5	2:06	-0.3	7:18	5:00	
3	Thu	8:34	3.2	8:53	2.4	2:02	-0.5	2:59	-0.4	7:18	5:01	
4	Fri	9:25	3.2	9:45	2.5	2:58	-0.6	3:47	-0.5	7:18	5:02	
5	Sat	10:13	3.1	10:34	2.5	3:49	-0.5	4:32	-0.5	7:18	5:03	
6	Sun	10:58	2.9	11:22	2.5	4:38	-0.5	5:16	-0.4	7:18	5:03	
7	Mon	11:42	2.7			5:27	-0.3	5:59	-0.3	7:18	5:04	
8	Tue	12:10	2.5	12:26	2.5	6:18	-0.2	6:43	-0.3	7:18	5:05	
9	Wed	12:57	2.4	1:10	2.3	7:11	-0.1	7:27	-0.2	7:18	5:06	
10	Thu	1:42	2.3	1:54	2.1	8:05	0.1	8:10	-0.1	7:18	5:07	
11	Fri	2:29	2.2	2:40	1.9	9:00	0.1	8:56	0.0	7:17	5:08	
12	Sat	3:20	2.2	3:33	1.8	9:59	0.2	9:46	0.0	7:17	5:09	
13	Sun	4:20	2.1	4:36	1.7	10:58	0.2	10:39	0.0	7:17	5:10	
14	Mon	5:22	2.2	5:37	1.7	11:52	0.2	11:32	0.0	7:17	5:11	
15	Tue	6:16	2.3	6:30	1.8			12:42	0.1	7:16	5:12	
16	Wed	7:03	2.4	7:19	1.9	12:22	-0.1	1:29	0.0	7:16	5:13	
17	Thu	7:47	2.5	8:04	2.0	1:10	-0.2	2:13	-0.1	7:16	5:14	
18	Fri	8:27	2.6	8:46	2.1	1:57	-0.3	2:52	-0.2	7:15	5:15	
19	Sat	9:06	2.7	9:27	2.3	2:42	-0.3	3:28	-0.3	7:15	5:16	
20	Sun	9:44	2.7	10:06	2.4	3:24	-0.4	4:03	-0.4	7:14	5:17	
21	Mon	10:22	2.8	10:47	2.5	4:06	-0.4	4:39	-0.4	7:14	5:18	
22	Tue	11:02	2.7	11:29	2.5	4:48	-0.4	5:17	-0.4	7:13	5:19	
23	Wed	11:45	2.6			5:34	-0.4	5:58	-0.4	7:13	5:20	
24	Thu	12:15	2.6	12:31	2.5	6:26	-0.3	6:45	-0.4	7:12	5:21	
25	Fri	1:05	2.6	1:21	2.3	7:24	-0.2	7:37	-0.4	7:12	5:22	
26	Sat	1:58	2.6	2:14	2.2	8:26	-0.1	8:34	-0.3	7:11	5:24	
27	Sun	2:58	2.6	3:15	2.0	9:35	-0.1	9:37	-0.3	7:10	5:25	
28	Mon	4:08	2.6	4:28	2.0	10:46	-0.1	10:46	-0.3	7:10	5:26	
29	Tue	5:24	2.6	5:42	2.0	11:53	-0.1	11:53	-0.4	7:09	5:27	
30	Wed	6:31	2.7	6:48	2.1			12:55	-0.2	7:08	5:28	
31	Thu	7:31	2.8	7:48	2.3	12:55	-0.4	1:51	-0.3	7:07	5:29	