US HARBORS www.USHarbors.com

Norfolk, VA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:19	2.8	7:37	2.6	12:49	-0.2	1:31	-0.1	6:35	5:59	
2	Sat	8:08	2.8	8:27	2.7	1:46	-0.3	2:18	-0.2	6:34	6:00	
3	Sun	8:52	2.9	9:11	2.8	2:37	-0.3	3:01	-0.2	6:32	6:01	
4	Mon	9:32	2.8	9:51	2.9	3:23	-0.3	3:39	-0.3	6:31	6:02	
5	Tue	10:09	2.8	10:28	2.9	4:04	-0.3	4:14	-0.2	6:29	6:03	
6	Wed	10:46	2.7	11:03	2.8	4:42	-0.2	4:47	-0.2	6:28	6:04	
7	Thu	11:22	2.6	11:39	2.7	5:20	-0.1	5:20	-0.1	6:27	6:05	
8	Fri			12:00	2.4	5:59	0.0	5:55	0.0	6:25	6:06	
9	Sat	12:17	2.6	12:40	2.3	6:40	0.2	6:34	0.1	6:24	6:07	
10	Sun	12:58	2.5	2:22	2.2	8:25	0.3	8:17	0.2	7:22	7:07	
11	Mon	2:41	2.4	3:07	2.1	9:15	0.4	9:07	0.3	7:21	7:08	
12	Tue	3:29	2.4	3:58	2.0	10:10	0.4	10:04	0.3	7:19	7:09	
13	Wed	4:27	2.3	5:00	2.0	11:11	0.4	11:08	0.3	7:18	7:10	
14	Thu	5:34	2.4	6:07	2.1			12:09	0.4	7:16	7:11	
15	Fri	6:38	2.5	7:04	2.3	12:11	0.2	1:01	0.3	7:15	7:12	
16	Sat	7:31	2.6	7:55	2.6	1:08	0.1	1:48	0.1	7:14	7:13	
17	Sun	8:20	2.8	8:42	2.8	2:02	0.0	2:34	0.0	7:12	7:14	
18	Mon	9:06	2.9	9:28	3.1	2:54	-0.2	3:18	-0.1	7:11	7:15	
19	Tue	9:52	3.0	10:14	3.3	3:44	-0.3	4:01	-0.2	7:09	7:16	
20	Wed	10:37	3.0	10:59	3.4	4:32	-0.3	4:44	-0.3	7:08	7:16	
21	Thu	11:23	3.0	11:47	3.4	5:19	-0.4	5:27	-0.3	7:06	7:17	
22	Fri			12:10	2.9	6:08	-0.3	6:13	-0.3	7:05	7:18	
23	Sat	12:37	3.4	1:00	2.8	7:01	-0.2	7:05	-0.2	7:03	7:19	
24	Sun	1:31	3.3	1:55	2.7	8:00	0.0	8:04	-0.1	7:02	7:20	
25	Mon	2:29	3.1	2:52	2.6	9:03	0.1	9:09	0.0	7:00	7:21	
26	Tue	3:32	3.0	3:56	2.5	10:08	0.2	10:19	0.1	6:59	7:22	
27	Wed	4:43	2.8	5:11	2.5	11:15	0.2	11:31	0.1	6:57	7:23	
28	Thu	6:00	2.8	6:27	2.6			12:17	0.2	6:56	7:24	
29	Fri	7:05	2.8	7:28	2.7	12:38	0.1	1:12	0.1	6:54	7:24	
30	Sat	7:58	2.8	8:20	2.9	1:38	0.0	2:02	0.1	6:53	7:25	
31	Sun	8:45	2.8	9:06	3.0	2:32	0.0	2:47	0.0	6:51	7:26	