

































Norfolk, VA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:51	2.7	2:24	2.9	7:59	0.4	8:41	0.5	6:11	8:11	
2	Tue	2:33	2.6	3:06	2.9	8:40	0.4	9:32	0.6	6:12	8:10	
3	Wed	3:18	2.5	3:52	2.9	9:25	0.4	10:26	0.6	6:12	8:09	
4	Thu	4:08	2.4	4:46	2.9	10:15	0.5	11:24	0.6	6:13	8:08	
5	Fri	5:07	2.4	5:45	2.9	11:12	0.5			6:14	8:07	
6	Sat	6:10	2.4	6:43	3.1	12:20	0.5	12:10	0.4	6:15	8:06	
7	Sun	7:07	2.6	7:35	3.2	1:12	0.4	1:06	0.3	6:16	8:05	
8	Mon	8:00	2.7	8:25	3.4	2:02	0.3	2:01	0.2	6:16	8:04	
9	Tue	8:51	3.0	9:15	3.5	2:51	0.2	2:55	0.1	6:17	8:03	
10	Wed	9:41	3.2	10:04	3.6	3:39	0.0	3:48	0.0	6:18	8:02	
11	Thu	10:30	3.3	10:52	3.6	4:24	-0.1	4:39	0.0	6:19	8:01	
12	Fri	11:18	3.5	11:40	3.6	5:08	-0.1	5:30	-0.1	6:20	8:00	
13	Sat			12:08	3.6	5:53	-0.1	6:23	0.0	6:21	7:58	
14	Sun	12:30	3.5	1:00	3.6	6:41	-0.1	7:21	0.1	6:21	7:57	
15	Mon	1:23	3.3	1:55	3.6	7:33	0.0	8:23	0.2	6:22	7:56	
16	Tue	2:17	3.1	2:52	3.5	8:28	0.1	9:27	0.3	6:23	7:55	
17	Wed	3:14	3.0	3:52	3.4	9:27	0.2	10:33	0.4	6:24	7:53	
18	Thu	4:16	2.8	5:00	3.3	10:29	0.2	11:39	0.4	6:25	7:52	
19	Fri	5:27	2.8	6:12	3.3	11:34	0.3			6:26	7:51	
20	Sat	6:37	2.8	7:13	3.3	12:40	0.4	12:36	0.3	6:26	7:50	
21	Sun	7:37	2.9	8:06	3.3	1:35	0.3	1:34	0.3	6:27	7:48	
22	Mon	8:29	3.0	8:52	3.4	2:26	0.3	2:28	0.3	6:28	7:47	
23	Tue	9:17	3.1	9:34	3.3	3:12	0.3	3:17	0.3	6:29	7:46	
24	Wed	10:00	3.2	10:13	3.3	3:53	0.2	4:02	0.3	6:30	7:44	
25	Thu	10:39	3.3	10:48	3.3	4:29	0.2	4:42	0.3	6:30	7:43	
26	Fri	11:15	3.3	11:23	3.2	5:02	0.2	5:19	0.3	6:31	7:41	
27	Sat	11:50	3.3	11:59	3.1	5:34	0.3	5:56	0.4	6:32	7:40	
28	Sun			12:26	3.3	6:05	0.3	6:34	0.5	6:33	7:39	
29	Mon	12:36	3.0	1:04	3.2	6:37	0.4	7:15	0.6	6:34	7:37	
30	Tue	1:15	2.9	1:43	3.2	7:13	0.5	8:00	0.6	6:35	7:36	
31	Wed	1:57	2.8	2:24	3.1	7:54	0.5	8:49	0.7	6:35	7:34	