

































Norfolk, VA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:34	2.6	5:13	3.2	10:46	0.1	11:54	0.2	5:49	8:28	
2	Thu	5:40	2.5	6:17	3.3	11:45	0.0			5:50	8:28	
3	Fri	6:46	2.5	7:19	3.4	12:58	0.1	12:44	0.0	5:50	8:28	
4	Sat	7:48	2.6	8:19	3.5	2:00	0.1	1:44	0.0	5:51	8:28	
5	Sun	8:48	2.6	9:18	3.6	3:00	0.0	2:44	-0.1	5:51	8:27	
6	Mon	9:46	2.7	10:14	3.5	3:56	0.0	3:44	-0.1	5:52	8:27	
7	Tue	10:41	2.8	11:06	3.5	4:47	-0.1	4:39	-0.1	5:52	8:27	
8	Wed	11:34	2.9	11:56	3.3	5:34	-0.1	5:32	0.0	5:53	8:27	
9	Thu			12:26	2.9	6:21	0.0	6:25	0.1	5:54	8:26	
10	Fri	12:44	3.1	1:18	2.9	7:07	0.1	7:21	0.2	5:54	8:26	
11	Sat	1:31	2.9	2:07	2.9	7:53	0.1	8:18	0.3	5:55	8:26	
12	Sun	2:17	2.7	2:55	2.9	8:37	0.2	9:14	0.4	5:55	8:25	
13	Mon	3:02	2.5	3:41	2.8	9:20	0.3	10:10	0.5	5:56	8:25	
14	Tue	3:48	2.3	4:31	2.8	10:03	0.4	11:07	0.5	5:57	8:25	
15	Wed	4:41	2.2	5:26	2.8	10:49	0.4			5:57	8:24	
16	Thu	5:42	2.1	6:21	2.8	12:03	0.5	11:38 AM	0.4	5:58	8:24	
17	Fri	6:41	2.2	7:11	2.9	12:54	0.5	12:28	0.4	5:59	8:23	
18	Sat	7:33	2.2	7:58	3.0	1:43	0.4	1:18	0.4	6:00	8:22	
19	Sun	8:21	2.3	8:43	3.0	2:30	0.4	2:07	0.4	6:00	8:22	
20	Mon	9:07	2.4	9:26	3.1	3:14	0.3	2:55	0.3	6:01	8:21	
21	Tue	9:50	2.5	10:07	3.2	3:55	0.2	3:41	0.2	6:02	8:21	
22	Wed	10:31	2.6	10:46	3.2	4:32	0.2	4:24	0.2	6:03	8:20	
23	Thu	11:11	2.7	11:25	3.2	5:07	0.1	5:06	0.2	6:03	8:19	
24	Fri	11:51	2.8			5:42	0.1	5:49	0.2	6:04	8:18	
25	Sat	12:05	3.2	12:33	3.0	6:19	0.1	6:36	0.2	6:05	8:18	
26	Sun	12:47	3.1	1:17	3.1	6:59	0.1	7:28	0.2	6:06	8:17	
27	Mon	1:33	3.0	2:04	3.2	7:43	0.1	8:26	0.3	6:06	8:16	
28	Tue	2:22	2.8	2:54	3.2	8:31	0.1	9:27	0.3	6:07	8:15	
29	Wed	3:14	2.7	3:49	3.3	9:23	0.1	10:33	0.3	6:08	8:14	
30	Thu	4:12	2.6	4:52	3.3	10:21	0.1	11:42	0.3	6:09	8:14	
31	Fri	5:20	2.5	6:03	3.3	11:25	0.2			6:10	8:13	