

































## Norfolk, VA - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:39	3.0	8:01	2.7	1:10	-0.3	2:01	-0.2	6:34	5:59	
2	Thu	8:32	3.1	8:55	3.0	2:10	-0.5	2:49	-0.4	6:33	6:00	
3	Fri	9:21	3.1	9:44	3.1	3:06	-0.5	3:34	-0.4	6:32	6:01	
4	Sat	10:07	3.1	10:31	3.2	3:57	-0.5	4:16	-0.4	6:30	6:02	
5	Sun	10:51	2.9	11:17	3.2	4:45	-0.4	4:57	-0.4	6:29	6:03	
6	Mon	11:36	2.7			5:34	-0.3	5:40	-0.3	6:27	6:04	
7	Tue	12:04	3.1	12:21	2.5	6:25	-0.1	6:25	-0.1	6:26	6:05	
8	Wed	12:51	2.9	1:07	2.3	7:18	0.1	7:14	0.0	6:25	6:06	
9	Thu	1:40	2.7	1:54	2.1	8:13	0.2	8:06	0.2	6:23	6:07	
10	Fri	2:32	2.5	2:47	2.0	9:12	0.3	9:05	0.3	6:22	6:08	
11	Sat	3:34	2.3	3:52	1.9	10:15	0.4	10:10	0.3	6:20	6:09	
12	Sun	5:48	2.3	6:07	2.0			12:15	0.4	7:19	7:10	
13	Mon	6:53	2.3	7:08	2.1	12:13	0.3	1:07	0.4	7:17	7:11	
14	Tue	7:43	2.4	7:57	2.3	1:09	0.2	1:52	0.3	7:16	7:11	
15	Wed	8:25	2.5	8:40	2.4	2:00	0.2	2:32	0.2	7:14	7:12	
16	Thu	9:04	2.6	9:19	2.6	2:46	0.1	3:09	0.1	7:13	7:13	
17	Fri	9:41	2.7	9:55	2.8	3:29	0.0	3:43	0.0	7:12	7:14	
18	Sat	10:16	2.7	10:29	2.9	4:08	0.0	4:15	0.0	7:10	7:15	
19	Sun	10:50	2.7	11:02	3.0	4:44	-0.1	4:47	-0.1	7:09	7:16	
20	Mon	11:24	2.7	11:37	3.0	5:20	-0.1	5:19	-0.1	7:07	7:17	
21	Tue			12:01	2.6	5:57	0.0	5:54	-0.1	7:06	7:18	
22	Wed	12:15	3.0	12:41	2.5	6:38	0.0	6:34	0.0	7:04	7:19	
23	Thu	12:59	3.0	1:26	2.5	7:26	0.1	7:22	0.0	7:03	7:19	
24	Fri	1:48	3.0	2:17	2.4	8:22	0.2	8:18	0.1	7:01	7:20	
25	Sat	2:43	2.9	3:13	2.3	9:25	0.3	9:22	0.1	7:00	7:21	
26	Sun	3:46	2.8	4:19	2.3	10:35	0.3	10:34	0.1	6:58	7:22	
27	Mon	5:00	2.8	5:36	2.4	11:44	0.3	11:49	0.1	6:57	7:23	
28	Tue	6:18	2.9	6:49	2.6			12:46	0.2	6:55	7:24	
29	Wed	7:23	3.0	7:50	2.9	12:58	0.0	1:41	0.0	6:54	7:25	
30	Thu	8:20	3.1	8:44	3.2	2:01	-0.1	2:32	-0.1	6:52	7:26	
31	Fri	9:11	3.1	9:35	3.4	2:59	-0.2	3:20	-0.2	6:51	7:26	