

































Norfolk, VA - Aug 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:24	2.9	11:36	3.1	5:15	0.1	5:23	0.3	6:11	8:11	
2	Sat			12:00	3.0	5:47	0.1	6:01	0.3	6:12	8:10	
3	Sun	12:13	3.1	12:38	3.0	6:21	0.2	6:42	0.3	6:13	8:09	
4	Mon	12:52	3.0	1:19	3.0	6:59	0.2	7:29	0.4	6:13	8:08	
5	Tue	1:35	2.9	2:02	3.1	7:41	0.2	8:21	0.4	6:14	8:07	
6	Wed	2:21	2.8	2:49	3.2	8:29	0.2	9:18	0.4	6:15	8:06	
7	Thu	3:11	2.8	3:42	3.2	9:22	0.2	10:21	0.4	6:16	8:05	
8	Fri	4:09	2.7	4:43	3.3	10:20	0.2	11:28	0.4	6:17	8:04	
9	Sat	5:15	2.7	5:51	3.4	11:25	0.2			6:18	8:03	
10	Sun	6:25	2.8	6:57	3.5	12:33	0.3	12:30	0.1	6:18	8:02	
11	Mon	7:29	2.9	7:59	3.6	1:34	0.2	1:32	0.0	6:19	8:01	
12	Tue	8:30	3.1	8:57	3.7	2:31	0.1	2:34	0.0	6:20	7:59	
13	Wed	9:27	3.3	9:52	3.8	3:26	0.0	3:33	-0.1	6:21	7:58	
14	Thu	10:22	3.5	10:43	3.7	4:17	-0.1	4:29	-0.1	6:22	7:57	
15	Fri	11:13	3.5	11:33	3.6	5:04	-0.1	5:21	-0.1	6:22	7:56	
16	Sat			12:04	3.6	5:49	-0.1	6:13	0.0	6:23	7:55	
17	Sun	12:21	3.4	12:54	3.5	6:36	0.0	7:07	0.2	6:24	7:53	
18	Mon	1:10	3.2	1:45	3.4	7:23	0.1	8:04	0.3	6:25	7:52	
19	Tue	1:59	3.0	2:35	3.3	8:13	0.3	9:01	0.4	6:26	7:51	
20	Wed	2:48	2.8	3:25	3.2	9:03	0.4	9:58	0.5	6:27	7:49	
21	Thu	3:39	2.7	4:18	3.1	9:55	0.5	10:56	0.6	6:27	7:48	
22	Fri	4:36	2.6	5:19	3.0	10:50	0.6	11:53	0.6	6:28	7:47	
23	Sat	5:42	2.5	6:19	3.0	11:46	0.6			6:29	7:45	
24	Sun	6:43	2.6	7:11	3.1	12:45	0.6	12:39	0.6	6:30	7:44	
25	Mon	7:34	2.7	7:56	3.2	1:31	0.5	1:29	0.5	6:31	7:43	
26	Tue	8:19	2.8	8:38	3.2	2:15	0.5	2:16	0.5	6:31	7:41	
27	Wed	9:01	3.0	9:18	3.3	2:55	0.4	3:01	0.4	6:32	7:40	
28	Thu	9:41	3.1	9:56	3.3	3:33	0.3	3:44	0.4	6:33	7:38	
29	Fri	10:18	3.2	10:32	3.4	4:08	0.3	4:23	0.3	6:34	7:37	
30	Sat	10:54	3.3	11:09	3.3	4:42	0.2	5:01	0.3	6:35	7:36	
31	Sun	11:30	3.4	11:46	3.3	5:15	0.2	5:40	0.3	6:35	7:34	