

































## Norfolk, VA - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:53	2.5	3:09	2.1	9:27	0.2	9:31	0.1	6:35	5:59	
2	Mon	3:57	2.4	4:14	2.0	10:29	0.2	10:31	0.1	6:33	6:00	
3	Tue	5:06	2.4	5:23	2.0	11:27	0.2	11:29	0.1	6:32	6:01	
4	Wed	6:05	2.4	6:20	2.1			12:18	0.2	6:31	6:02	
5	Thu	6:54	2.5	7:08	2.2	12:22	0.1	1:05	0.2	6:29	6:03	
6	Fri	7:37	2.6	7:51	2.4	1:10	0.0	1:48	0.1	6:28	6:04	
7	Sat	8:17	2.7	8:31	2.5	1:56	0.0	2:26	0.0	6:26	6:05	
8	Sun	9:54	2.7	10:08	2.6	3:37	-0.1	4:01	-0.1	7:25	7:06	
9	Mon	10:29	2.8	10:42	2.7	4:16	-0.1	4:34	-0.1	7:23	7:07	
10	Tue	11:03	2.8	11:16	2.8	4:52	-0.1	5:05	-0.1	7:22	7:08	
11	Wed	11:37	2.8	11:51	2.8	5:27	-0.1	5:37	-0.1	7:21	7:09	
12	Thu			12:13	2.7	6:03	-0.1	6:12	-0.1	7:19	7:09	
13	Fri	12:28	2.8	12:53	2.6	6:44	0.0	6:51	-0.1	7:18	7:10	
14	Sat	1:10	2.8	1:36	2.6	7:30	0.0	7:37	0.0	7:16	7:11	
15	Sun	1:56	2.8	2:24	2.5	8:23	0.1	8:29	0.0	7:15	7:12	
16	Mon	2:48	2.8	3:17	2.4	9:22	0.2	9:28	0.0	7:13	7:13	
17	Tue	3:46	2.8	4:19	2.4	10:29	0.2	10:35	0.0	7:12	7:14	
18	Wed	4:55	2.8	5:31	2.4	11:39	0.1	11:46	0.0	7:10	7:15	
19	Thu	6:10	2.9	6:43	2.6			12:44	0.1	7:09	7:16	
20	Fri	7:18	3.0	7:46	2.8	12:53	-0.1	1:43	-0.1	7:07	7:17	
21	Sat	8:18	3.2	8:44	3.0	1:57	-0.2	2:38	-0.2	7:06	7:18	
22	Sun	9:14	3.2	9:38	3.2	2:56	-0.3	3:30	-0.3	7:04	7:18	
23	Mon	10:05	3.3	10:28	3.4	3:52	-0.4	4:17	-0.3	7:03	7:19	
24	Tue	10:52	3.2	11:15	3.4	4:43	-0.4	5:02	-0.3	7:01	7:20	
25	Wed	11:38	3.1			5:31	-0.4	5:45	-0.3	7:00	7:21	
26	Thu	12:02	3.4	12:23	3.0	6:19	-0.2	6:29	-0.2	6:58	7:22	
27	Fri	12:48	3.2	1:09	2.8	7:09	-0.1	7:15	0.0	6:57	7:23	
28	Sat	1:35	3.0	1:56	2.6	8:00	0.1	8:04	0.1	6:56	7:24	
29	Sun	2:23	2.9	2:43	2.5	8:53	0.2	8:56	0.3	6:54	7:25	
30	Mon	3:12	2.7	3:34	2.3	9:47	0.4	9:52	0.4	6:53	7:25	
31	Tue	4:06	2.5	4:32	2.3	10:44	0.4	10:52	0.4	6:51	7:26	