

































## Norfolk, VA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:25	2.4	6:52	3.1	12:32	0.3	12:24	0.2	5:50	8:28	
2	Thu	7:21	2.5	7:44	3.2	1:26	0.2	1:17	0.1	5:50	8:28	
3	Fri	8:14	2.6	8:36	3.4	2:20	0.1	2:11	0.0	5:50	8:28	
4	Sat	9:08	2.8	9:29	3.5	3:13	0.0	3:06	-0.1	5:51	8:28	
5	Sun	10:01	2.9	10:22	3.6	4:05	-0.1	4:01	-0.2	5:52	8:27	
6	Mon	10:54	3.0	11:14	3.6	4:54	-0.2	4:54	-0.2	5:52	8:27	
7	Tue	11:46	3.1			5:42	-0.2	5:48	-0.2	5:53	8:27	
8	Wed	12:06	3.5	12:41	3.1	6:32	-0.2	6:45	-0.1	5:53	8:27	
9	Thu	1:01	3.4	1:37	3.2	7:26	-0.2	7:47	0.0	5:54	8:26	
10	Fri	1:56	3.2	2:34	3.2	8:20	-0.1	8:51	0.1	5:54	8:26	
11	Sat	2:51	3.0	3:32	3.2	9:15	0.0	9:56	0.1	5:55	8:26	
12	Sun	3:48	2.8	4:33	3.1	10:11	0.0	11:01	0.2	5:56	8:25	
13	Mon	4:51	2.6	5:39	3.1	11:08	0.1			5:56	8:25	
14	Tue	5:57	2.5	6:40	3.2	12:04	0.2	12:04	0.1	5:57	8:24	
15	Wed	6:59	2.5	7:34	3.2	1:02	0.2	12:58	0.1	5:58	8:24	
16	Thu	7:53	2.6	8:22	3.2	1:55	0.2	1:49	0.2	5:58	8:23	
17	Fri	8:42	2.6	9:07	3.2	2:45	0.2	2:39	0.2	5:59	8:23	
18	Sat	9:28	2.7	9:48	3.2	3:31	0.1	3:26	0.2	6:00	8:22	
19	Sun	10:11	2.7	10:26	3.2	4:11	0.1	4:08	0.2	6:01	8:22	
20	Mon	10:50	2.8	11:03	3.1	4:48	0.1	4:47	0.2	6:01	8:21	
21	Tue	11:28	2.8	11:39	3.1	5:22	0.1	5:24	0.2	6:02	8:20	
22	Wed			12:05	2.8	5:55	0.1	6:02	0.3	6:03	8:20	
23	Thu	12:15	3.0	12:43	2.8	6:28	0.2	6:41	0.4	6:04	8:19	
24	Fri	12:54	2.9	1:21	2.8	7:02	0.2	7:24	0.4	6:04	8:18	
25	Sat	1:33	2.8	2:00	2.8	7:40	0.3	8:11	0.5	6:05	8:17	
26	Sun	2:14	2.7	2:41	2.8	8:20	0.3	9:01	0.5	6:06	8:17	
27	Mon	2:58	2.6	3:25	2.9	9:05	0.3	9:56	0.5	6:07	8:16	
28	Tue	3:46	2.5	4:16	2.9	9:54	0.3	10:56	0.5	6:08	8:15	
29	Wed	4:43	2.5	5:15	3.0	10:50	0.3	11:58	0.4	6:08	8:14	
30	Thu	5:47	2.5	6:18	3.2	11:50	0.2			6:09	8:13	
31	Fri	6:50	2.6	7:17	3.4	12:57	0.3	12:49	0.1	6:10	8:12	