
































Norfolk, VA - Jul 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:03	3.1	1:34	2.8	7:25	0.1	7:40	0.2	5:50	8:28	
2	Sun	1:51	2.9	2:24	2.8	8:14	0.1	8:38	0.3	5:50	8:28	
3	Mon	2:38	2.7	3:12	2.7	9:00	0.2	9:34	0.4	5:51	8:28	
4	Tue	3:24	2.6	4:01	2.7	9:45	0.3	10:31	0.4	5:51	8:28	
5	Wed	4:14	2.4	4:54	2.7	10:30	0.3	11:28	0.5	5:52	8:27	
6	Thu	5:11	2.3	5:49	2.7	11:17	0.4			5:52	8:27	
7	Fri	6:09	2.3	6:40	2.8	12:22	0.4	12:04	0.4	5:53	8:27	
8	Sat	7:02	2.3	7:26	2.9	1:11	0.4	12:50	0.3	5:54	8:27	
9	Sun	7:51	2.4	8:10	3.0	1:58	0.3	1:36	0.3	5:54	8:26	
10	Mon	8:36	2.4	8:52	3.1	2:44	0.3	2:22	0.2	5:55	8:26	
11	Tue	9:21	2.5	9:34	3.2	3:27	0.2	3:08	0.2	5:55	8:25	
12	Wed	10:04	2.6	10:15	3.2	4:07	0.1	3:53	0.1	5:56	8:25	
13	Thu	10:45	2.7	10:55	3.2	4:45	0.1	4:36	0.1	5:57	8:25	
14	Fri	11:26	2.8	11:36	3.2	5:22	0.1	5:18	0.1	5:57	8:24	
15	Sat			12:09	2.8	6:01	0.0	6:03	0.1	5:58	8:24	
16	Sun	12:20	3.2	12:54	2.9	6:42	0.0	6:53	0.1	5:59	8:23	
17	Mon	1:06	3.1	1:42	3.0	7:27	0.0	7:49	0.2	6:00	8:23	
18	Tue	1:55	3.0	2:33	3.1	8:16	0.0	8:49	0.2	6:00	8:22	
19	Wed	2:47	2.9	3:26	3.1	9:08	0.1	9:52	0.2	6:01	8:21	
20	Thu	3:42	2.8	4:24	3.2	10:03	0.1	10:59	0.2	6:02	8:21	
21	Fri	4:44	2.7	5:30	3.3	11:02	0.1			6:02	8:20	
22	Sat	5:53	2.6	6:36	3.4	12:05	0.2	12:03	0.1	6:03	8:19	
23	Sun	6:59	2.7	7:37	3.5	1:08	0.1	1:03	0.0	6:04	8:19	
24	Mon	8:01	2.7	8:34	3.5	2:07	0.1	2:03	0.0	6:05	8:18	
25	Tue	8:59	2.8	9:29	3.6	3:04	0.0	3:01	0.0	6:06	8:17	
26	Wed	9:53	2.9	10:19	3.5	3:56	0.0	3:56	0.0	6:06	8:16	
27	Thu	10:44	3.0	11:06	3.4	4:43	0.0	4:47	0.0	6:07	8:15	
28	Fri	11:31	3.0	11:50	3.3	5:26	0.0	5:34	0.1	6:08	8:15	
29	Sat			12:17	3.0	6:07	0.1	6:22	0.2	6:09	8:14	
30	Sun	12:33	3.1	1:02	3.0	6:48	0.1	7:11	0.3	6:10	8:13	
31	Mon	1:16	3.0	1:46	2.9	7:30	0.2	8:02	0.4	6:10	8:12	