

































## Norfolk, VA - Aug 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:59	2.8	2:29	2.9	8:11	0.3	8:53	0.5	6:11	8:11	
2	Wed	2:43	2.6	3:12	2.9	8:52	0.4	9:46	0.6	6:12	8:10	
3	Thu	3:28	2.5	3:58	2.8	9:35	0.5	10:41	0.6	6:13	8:09	
4	Fri	4:19	2.4	4:51	2.8	10:22	0.5	11:38	0.6	6:14	8:08	
5	Sat	5:18	2.3	5:49	2.9	11:14	0.5			6:14	8:07	
6	Sun	6:20	2.4	6:44	3.0	12:31	0.6	12:08	0.5	6:15	8:06	
7	Mon	7:14	2.4	7:34	3.1	1:21	0.5	1:00	0.4	6:16	8:05	
8	Tue	8:03	2.6	8:20	3.2	2:08	0.4	1:50	0.4	6:17	8:04	
9	Wed	8:50	2.7	9:05	3.3	2:53	0.3	2:40	0.3	6:18	8:03	
10	Thu	9:35	2.9	9:49	3.4	3:35	0.2	3:29	0.2	6:19	8:01	
11	Fri	10:18	3.0	10:32	3.5	4:16	0.1	4:16	0.1	6:19	8:00	
12	Sat	11:01	3.2	11:15	3.5	4:54	0.1	5:02	0.1	6:20	7:59	
13	Sun	11:45	3.3	11:59	3.4	5:34	0.0	5:48	0.1	6:21	7:58	
14	Mon			12:31	3.4	6:15	0.0	6:39	0.1	6:22	7:57	
15	Tue	12:47	3.3	1:20	3.4	7:00	0.1	7:36	0.2	6:23	7:55	
16	Wed	1:37	3.2	2:12	3.5	7:50	0.1	8:36	0.3	6:24	7:54	
17	Thu	2:30	3.0	3:07	3.5	8:44	0.2	9:40	0.3	6:24	7:53	
18	Fri	3:26	2.9	4:07	3.4	9:42	0.2	10:47	0.4	6:25	7:52	
19	Sat	4:29	2.8	5:15	3.4	10:45	0.3	11:54	0.4	6:26	7:50	
20	Sun	5:41	2.7	6:26	3.5	11:51	0.3			6:27	7:49	
21	Mon	6:52	2.8	7:29	3.5	12:57	0.3	12:54	0.3	6:28	7:48	
22	Tue	7:53	2.9	8:25	3.6	1:54	0.3	1:55	0.2	6:28	7:46	
23	Wed	8:49	3.0	9:16	3.6	2:47	0.2	2:52	0.2	6:29	7:45	
24	Thu	9:40	3.2	10:02	3.5	3:36	0.2	3:45	0.2	6:30	7:44	
25	Fri	10:26	3.3	10:44	3.5	4:19	0.2	4:32	0.2	6:31	7:42	
26	Sat	11:08	3.3	11:23	3.4	4:58	0.2	5:15	0.3	6:32	7:41	
27	Sun	11:48	3.3			5:34	0.2	5:57	0.3	6:32	7:39	
28	Mon	12:01	3.2	12:26	3.3	6:09	0.3	6:39	0.4	6:33	7:38	
29	Tue	12:41	3.1	1:05	3.2	6:43	0.4	7:23	0.5	6:34	7:37	
30	Wed	1:21	2.9	1:45	3.2	7:20	0.5	8:10	0.6	6:35	7:35	
31	Thu	2:04	2.8	2:26	3.1	8:00	0.6	9:00	0.7	6:36	7:34	