

































Norfolk, VA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:01	2.8	6:21	2.3			12:25	0.0	6:34	5:59	
2	Fri	7:04	2.9	7:22	2.4	12:28	-0.2	1:23	-0.1	6:33	6:00	
3	Sat	7:59	3.0	8:17	2.6	1:29	-0.3	2:15	-0.2	6:32	6:01	
4	Sun	8:48	3.0	9:06	2.8	2:25	-0.3	3:02	-0.2	6:30	6:02	
5	Mon	9:32	3.0	9:50	2.8	3:15	-0.3	3:43	-0.3	6:29	6:03	
6	Tue	10:12	3.0	10:31	2.9	4:00	-0.3	4:20	-0.3	6:27	6:04	
7	Wed	10:51	2.8	11:10	2.8	4:42	-0.2	4:56	-0.2	6:26	6:05	
8	Thu	11:29	2.7	11:48	2.8	5:24	-0.1	5:31	-0.1	6:24	6:06	
9	Fri			12:08	2.5	6:06	0.0	6:08	0.0	6:23	6:07	
10	Sat	12:27	2.7	12:49	2.4	6:50	0.1	6:46	0.1	6:22	6:08	
11	Sun	1:07	2.6	2:31	2.2	8:37	0.2	8:28	0.2	7:20	7:09	
12	Mon	2:50	2.5	3:15	2.1	9:28	0.3	9:16	0.3	7:19	7:10	
13	Tue	3:38	2.4	4:07	2.0	10:24	0.4	10:10	0.3	7:17	7:11	
14	Wed	4:35	2.3	5:10	2.0	11:25	0.4	11:12	0.3	7:16	7:11	
15	Thu	5:44	2.4	6:17	2.0			12:24	0.4	7:14	7:12	
16	Fri	6:48	2.5	7:13	2.2	12:14	0.3	1:15	0.3	7:13	7:13	
17	Sat	7:40	2.6	8:03	2.4	1:10	0.2	2:01	0.2	7:11	7:14	
18	Sun	8:27	2.8	8:48	2.6	2:02	0.1	2:45	0.1	7:10	7:15	
19	Mon	9:11	2.9	9:32	2.8	2:53	-0.1	3:27	0.0	7:08	7:16	
20	Tue	9:54	3.0	10:14	3.0	3:40	-0.2	4:06	-0.1	7:07	7:17	
21	Wed	10:36	3.1	10:56	3.2	4:26	-0.3	4:45	-0.2	7:05	7:18	
22	Thu	11:18	3.1	11:40	3.3	5:11	-0.3	5:25	-0.2	7:04	7:19	
23	Fri			12:03	3.0	5:57	-0.3	6:07	-0.2	7:03	7:20	
24	Sat	12:27	3.3	12:50	2.9	6:47	-0.2	6:54	-0.2	7:01	7:20	
25	Sun	1:17	3.3	1:41	2.7	7:43	-0.1	7:47	-0.1	7:00	7:21	
26	Mon	2:12	3.2	2:36	2.6	8:44	0.1	8:47	0.0	6:58	7:22	
27	Tue	3:11	3.1	3:35	2.5	9:50	0.2	9:53	0.1	6:57	7:23	
28	Wed	4:18	2.9	4:45	2.4	10:59	0.2	11:06	0.1	6:55	7:24	
29	Thu	5:37	2.9	6:05	2.4			12:06	0.2	6:54	7:25	
30	Fri	6:51	2.9	7:14	2.6	12:17	0.1	1:07	0.2	6:52	7:26	
31	Sat	7:50	2.9	8:11	2.8	1:21	0.0	2:00	0.1	6:51	7:27	