


































Norfolk, VA - Jul 2057

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 10:06 | 2.5 | 10:17 | 3.1 | 4:12 | 0.2 | 3:53 | 0.2 | 5:50 | 8:28 |  |
| 2 | Mon | 10:46 | 2.6 | 10:54 | 3.1 | 4:48 | 0.1 | 4:32 | 0.2 | 5:50 | 8:28 |  |
| 3 | Tue | 11:24 | 2.6 | 11:30 | 3.0 | 5:22 | 0.1 | 5:10 | 0.2 | 5:51 | 8:28 |  |
| 4 | Wed | | | 12:02 | 2.6 | 5:56 | 0.2 | 5:48 | 0.2 | 5:51 | 8:28 |  |
| 5 | Thu | 12:08 | 3.0 | 12:42 | 2.6 | 6:31 | 0.2 | 6:30 | 0.3 | 5:52 | 8:27 |  |
| 6 | Fri | 12:47 | 2.9 | 1:23 | 2.6 | 7:09 | 0.2 | 7:16 | 0.3 | 5:52 | 8:27 |  |
| 7 | Sat | 1:29 | 2.9 | 2:06 | 2.7 | 7:50 | 0.2 | 8:08 | 0.3 | 5:53 | 8:27 |  |
| 8 | Sun | 2:14 | 2.8 | 2:51 | 2.8 | 8:34 | 0.2 | 9:04 | 0.3 | 5:53 | 8:27 |  |
| 9 | Mon | 3:02 | 2.7 | 3:40 | 2.9 | 9:21 | 0.2 | 10:04 | 0.3 | 5:54 | 8:26 |  |
| 10 | Tue | 3:55 | 2.6 | 4:35 | 3.0 | 10:13 | 0.1 | 11:08 | 0.3 | 5:55 | 8:26 |  |
| 11 | Wed | 4:56 | 2.6 | 5:38 | 3.2 | 11:10 | 0.1 | | | 5:55 | 8:26 |  |
| 12 | Thu | 6:02 | 2.6 | 6:40 | 3.4 | 12:13 | 0.2 | 12:10 | 0.0 | 5:56 | 8:25 |  |
| 13 | Fri | 7:06 | 2.6 | 7:41 | 3.5 | 1:15 | 0.1 | 1:09 | 0.0 | 5:57 | 8:25 |  |
| 14 | Sat | 8:07 | 2.7 | 8:39 | 3.6 | 2:16 | 0.0 | 2:09 | -0.1 | 5:57 | 8:24 |  |
| 15 | Sun | 9:06 | 2.8 | 9:37 | 3.7 | 3:14 | -0.1 | 3:09 | -0.1 | 5:58 | 8:24 |  |
| 16 | Mon | 10:04 | 2.9 | 10:33 | 3.7 | 4:09 | -0.1 | 4:07 | -0.2 | 5:59 | 8:23 |  |
| 17 | Tue | 10:59 | 3.0 | 11:26 | 3.6 | 5:00 | -0.2 | 5:03 | -0.2 | 5:59 | 8:23 |  |
| 18 | Wed | 11:53 | 3.0 | | | 5:48 | -0.1 | 5:57 | -0.1 | 6:00 | 8:22 |  |
| 19 | Thu | 12:17 | 3.5 | 12:47 | 3.1 | 6:37 | -0.1 | 6:54 | 0.0 | 6:01 | 8:21 |  |
| 20 | Fri | 1:09 | 3.2 | 1:40 | 3.1 | 7:27 | 0.0 | 7:53 | 0.2 | 6:02 | 8:21 |  |
| 21 | Sat | 1:59 | 3.0 | 2:33 | 3.0 | 8:16 | 0.1 | 8:53 | 0.3 | 6:02 | 8:20 |  |
| 22 | Sun | 2:48 | 2.8 | 3:23 | 3.0 | 9:04 | 0.2 | 9:53 | 0.4 | 6:03 | 8:20 |  |
| 23 | Mon | 3:38 | 2.6 | 4:16 | 2.9 | 9:52 | 0.3 | 10:52 | 0.4 | 6:04 | 8:19 |  |
| 24 | Tue | 4:32 | 2.4 | 5:13 | 2.9 | 10:41 | 0.3 | 11:51 | 0.5 | 6:05 | 8:18 |  |
| 25 | Wed | 5:32 | 2.3 | 6:11 | 2.9 | 11:31 | 0.4 | | | 6:05 | 8:17 |  |
| 26 | Thu | 6:32 | 2.3 | 7:02 | 2.9 | 12:44 | 0.5 | 12:21 | 0.4 | 6:06 | 8:16 |  |
| 27 | Fri | 7:24 | 2.4 | 7:48 | 3.0 | 1:33 | 0.4 | 1:09 | 0.4 | 6:07 | 8:16 |  |
| 28 | Sat | 8:12 | 2.5 | 8:31 | 3.1 | 2:19 | 0.4 | 1:57 | 0.4 | 6:08 | 8:15 |  |
| 29 | Sun | 8:57 | 2.5 | 9:13 | 3.1 | 3:03 | 0.3 | 2:43 | 0.3 | 6:09 | 8:14 |  |
| 30 | Mon | 9:40 | 2.6 | 9:52 | 3.2 | 3:43 | 0.3 | 3:28 | 0.3 | 6:09 | 8:13 |  |
| 31 | Tue | 10:20 | 2.7 | 10:30 | 3.2 | 4:20 | 0.2 | 4:10 | 0.2 | 6:10 | 8:12 |  |