

Norfolk, VA - Nov 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:01	2.5	4:24	2.8	10:10	0.8	11:06	0.7	7:29	6:07	
2	Sun	4:07	2.5	4:26	2.7	10:14	0.7	10:53	0.6	6:30	5:06	
3	Mon	5:09	2.6	5:23	2.7	11:13	0.7	11:35	0.5	6:31	5:05	
4	Tue	5:59	2.8	6:10	2.8			12:05	0.6	6:32	5:04	
5	Wed	6:40	3.0	6:52	2.8	12:14	0.4	12:52	0.5	6:33	5:03	
6	Thu	7:18	3.2	7:33	2.8	12:51	0.4	1:38	0.4	6:34	5:02	
7	Fri	7:56	3.3	8:13	2.8	1:29	0.3	2:21	0.3	6:35	5:01	
8	Sat	8:34	3.5	8:54	2.8	2:08	0.2	3:02	0.2	6:36	5:00	
9	Sun	9:12	3.5	9:34	2.8	2:47	0.1	3:43	0.2	6:37	5:00	
10	Mon	9:53	3.6	10:16	2.8	3:27	0.1	4:24	0.2	6:38	4:59	
11	Tue	10:36	3.5	11:02	2.7	4:08	0.1	5:08	0.2	6:39	4:58	
12	Wed	11:24	3.5	11:52	2.6	4:53	0.1	5:59	0.3	6:40	4:57	
13	Thu			12:17	3.4	5:44	0.2	6:57	0.3	6:42	4:56	
14	Fri	12:49	2.6	1:14	3.3	6:45	0.3	7:57	0.3	6:43	4:56	
15	Sat	1:49	2.6	2:13	3.1	7:54	0.3	8:58	0.3	6:44	4:55	
16	Sun	2:54	2.7	3:18	3.0	9:07	0.3	9:58	0.2	6:45	4:54	
17	Mon	4:06	2.8	4:27	2.9	10:20	0.3	10:55	0.1	6:46	4:54	
18	Tue	5:16	3.0	5:33	2.9	11:28	0.2	11:47	0.1	6:47	4:53	
19	Wed	6:15	3.2	6:30	2.8			12:30	0.1	6:48	4:53	
20	Thu	7:07	3.4	7:21	2.8	12:37	0.0	1:26	0.1	6:49	4:52	
21	Fri	7:56	3.5	8:10	2.8	1:25	-0.1	2:20	0.0	6:50	4:52	
22	Sat	8:42	3.6	8:57	2.7	2:12	-0.1	3:08	0.0	6:51	4:51	
23	Sun	9:26	3.5	9:41	2.7	2:57	-0.1	3:53	0.0	6:52	4:51	
24	Mon	10:08	3.4	10:24	2.6	3:39	0.0	4:35	0.1	6:53	4:50	
25	Tue	10:49	3.2	11:08	2.5	4:20	0.0	5:17	0.1	6:54	4:50	
26	Wed	11:31	3.1	11:53	2.4	5:01	0.2	6:01	0.2	6:55	4:50	
27	Thu			12:15	2.9	5:44	0.3	6:47	0.3	6:56	4:49	
28	Fri	12:41	2.3	12:59	2.7	6:33	0.4	7:33	0.4	6:57	4:49	
29	Sat	1:29	2.2	1:44	2.6	7:27	0.5	8:18	0.4	6:58	4:49	
30	Sun	2:17	2.2	2:31	2.5	8:24	0.5	9:03	0.4	6:58	4:49	