

Norfolk, VA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:59	2.2	4:19	1.8	10:37	0.2	10:22	0.0	7:17	4:59	
2	Fri	4:58	2.3	5:21	1.8	11:36	0.2	11:17	-0.1	7:17	5:00	
3	Sat	5:55	2.5	6:18	1.9			12:32	0.1	7:18	5:01	
4	Sun	6:48	2.7	7:11	2.0	12:11	-0.2	1:26	-0.1	7:18	5:02	
5	Mon	7:41	2.9	8:04	2.1	1:05	-0.3	2:18	-0.2	7:18	5:03	
6	Tue	8:33	3.0	8:56	2.2	2:00	-0.4	3:07	-0.3	7:18	5:03	
7	Wed	9:23	3.1	9:46	2.3	2:53	-0.5	3:54	-0.4	7:18	5:04	
8	Thu	10:12	3.2	10:37	2.4	3:45	-0.6	4:39	-0.4	7:18	5:05	
9	Fri	11:01	3.1	11:29	2.5	4:36	-0.6	5:25	-0.5	7:17	5:06	
10	Sat	11:51	2.9			5:31	-0.5	6:14	-0.5	7:17	5:07	
11	Sun	12:23	2.6	12:43	2.7	6:30	-0.4	7:05	-0.4	7:17	5:08	
12	Mon	1:18	2.6	1:34	2.5	7:33	-0.3	7:56	-0.4	7:17	5:09	
13	Tue	2:14	2.6	2:28	2.2	8:38	-0.2	8:50	-0.3	7:17	5:10	
14	Wed	3:15	2.6	3:27	2.0	9:46	-0.1	9:47	-0.3	7:16	5:11	
15	Thu	4:23	2.5	4:35	1.8	10:53	0.0	10:47	-0.2	7:16	5:12	
16	Fri	5:32	2.5	5:43	1.8	11:57	0.0	11:46	-0.2	7:16	5:13	
17	Sat	6:33	2.6	6:42	1.8			12:54	0.0	7:15	5:14	
18	Sun	7:26	2.6	7:36	1.9	12:42	-0.2	1:48	-0.1	7:15	5:15	
19	Mon	8:14	2.6	8:24	2.0	1:35	-0.2	2:35	-0.1	7:15	5:16	
20	Tue	8:56	2.6	9:08	2.1	2:24	-0.2	3:16	-0.2	7:14	5:17	
21	Wed	9:34	2.6	9:48	2.1	3:08	-0.3	3:52	-0.2	7:14	5:18	
22	Thu	10:08	2.6	10:25	2.1	3:47	-0.2	4:25	-0.2	7:13	5:19	
23	Fri	10:42	2.5	11:01	2.2	4:23	-0.2	4:56	-0.2	7:12	5:20	
24	Sat	11:16	2.4	11:37	2.2	4:59	-0.1	5:26	-0.2	7:12	5:22	
25	Sun	11:51	2.3			5:36	-0.1	5:58	-0.2	7:11	5:23	
26	Mon	12:14	2.2	12:28	2.2	6:17	0.0	6:31	-0.1	7:11	5:24	
27	Tue	12:51	2.2	1:06	2.0	7:01	0.1	7:08	-0.1	7:10	5:25	
28	Wed	1:30	2.2	1:47	1.9	7:50	0.1	7:50	-0.1	7:09	5:26	
29	Thu	2:13	2.2	2:33	1.8	8:44	0.2	8:38	0.0	7:08	5:27	
30	Fri	3:04	2.2	3:28	1.7	9:48	0.2	9:35	0.0	7:08	5:28	
31	Sat	4:08	2.3	4:36	1.7	10:56	0.2	10:38	-0.1	7:07	5:29	