

Norfolk, VA - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:31	2.5	4:03	1.9	10:22	0.3	10:12	0.0	6:34	5:59	
2	Mon	4:47	2.6	5:18	2.0	11:31	0.2	11:23	-0.1	6:33	6:00	
3	Tue	5:58	2.7	6:25	2.2			12:32	0.1	6:32	6:01	
4	Wed	7:00	2.9	7:24	2.5	12:28	-0.2	1:27	-0.1	6:30	6:02	
5	Thu	7:56	3.1	8:19	2.8	1:30	-0.3	2:18	-0.2	6:29	6:03	
6	Fri	8:48	3.2	9:11	3.1	2:29	-0.5	3:05	-0.4	6:28	6:04	
7	Sat	9:37	3.2	10:00	3.3	3:23	-0.5	3:49	-0.4	6:26	6:05	
8	Sun	11:24	3.1	11:48	3.3	5:14	-0.5	5:32	-0.4	7:25	7:06	
9	Mon			12:11	2.9	6:05	-0.4	6:16	-0.4	7:23	7:07	
10	Tue	12:38	3.3	12:58	2.7	6:58	-0.3	7:03	-0.3	7:22	7:08	
11	Wed	1:29	3.2	1:48	2.5	7:55	-0.1	7:54	-0.1	7:20	7:09	
12	Thu	2:22	3.0	2:39	2.3	8:54	0.1	8:50	0.0	7:19	7:09	
13	Fri	3:18	2.8	3:34	2.1	9:56	0.2	9:51	0.1	7:17	7:10	
14	Sat	4:22	2.6	4:39	2.0	11:02	0.3	10:59	0.2	7:16	7:11	
15	Sun	5:40	2.4	5:58	2.0			12:07	0.4	7:15	7:12	
16	Mon	6:50	2.5	7:04	2.1	12:07	0.3	1:03	0.4	7:13	7:13	
17	Tue	7:43	2.5	7:56	2.3	1:07	0.2	1:52	0.3	7:12	7:14	
18	Wed	8:27	2.6	8:41	2.5	1:59	0.2	2:34	0.2	7:10	7:15	
19	Thu	9:06	2.7	9:20	2.6	2:47	0.1	3:11	0.2	7:09	7:16	
20	Fri	9:42	2.7	9:56	2.7	3:29	0.1	3:45	0.1	7:07	7:17	
21	Sat	10:15	2.7	10:29	2.8	4:08	0.0	4:16	0.0	7:06	7:18	
22	Sun	10:48	2.7	11:00	2.9	4:43	0.0	4:45	0.0	7:04	7:18	
23	Mon	11:21	2.7	11:32	2.9	5:16	0.0	5:14	0.0	7:03	7:19	
24	Tue	11:54	2.6			5:49	0.1	5:44	0.1	7:01	7:20	
25	Wed	12:05	2.9	12:29	2.5	6:24	0.1	6:17	0.1	7:00	7:21	
26	Thu	12:41	2.9	1:08	2.4	7:04	0.2	6:57	0.1	6:58	7:22	
27	Fri	1:22	2.9	1:51	2.3	7:50	0.3	7:44	0.2	6:57	7:23	
28	Sat	2:10	2.8	2:39	2.3	8:45	0.4	8:39	0.2	6:55	7:24	
29	Sun	3:04	2.8	3:36	2.2	9:48	0.4	9:43	0.2	6:54	7:25	
30	Mon	4:08	2.8	4:44	2.3	10:57	0.4	10:56	0.2	6:52	7:26	
31	Tue	5:22	2.8	5:59	2.4			12:04	0.3	6:51	7:26	