

Norfolk, VA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:17	2.5	9:45	3.3	3:27	0.1	3:14	0.1	5:50	8:28	
2	Thu	10:07	2.6	10:31	3.2	4:14	0.1	4:04	0.1	5:50	8:28	
3	Fri	10:53	2.6	11:13	3.2	4:57	0.1	4:50	0.1	5:51	8:28	
4	Sat	11:37	2.6	11:53	3.0	5:36	0.1	5:33	0.2	5:51	8:28	
5	Sun			12:20	2.6	6:14	0.2	6:16	0.3	5:52	8:27	
6	Mon	12:33	2.9	1:03	2.6	6:52	0.2	7:01	0.4	5:52	8:27	
7	Tue	1:13	2.8	1:44	2.6	7:29	0.3	7:49	0.4	5:53	8:27	
8	Wed	1:54	2.6	2:25	2.6	8:06	0.3	8:39	0.5	5:53	8:27	
9	Thu	2:35	2.5	3:05	2.7	8:43	0.3	9:30	0.5	5:54	8:26	
10	Fri	3:17	2.4	3:48	2.7	9:23	0.4	10:25	0.5	5:55	8:26	
11	Sat	4:05	2.2	4:36	2.7	10:06	0.4	11:22	0.5	5:55	8:26	
12	Sun	5:00	2.2	5:32	2.8	10:56	0.4			5:56	8:25	
13	Mon	6:01	2.2	6:28	2.9	12:18	0.5	11:50 AM	0.4	5:57	8:25	
14	Tue	6:59	2.2	7:22	3.0	1:12	0.4	12:44	0.3	5:57	8:24	
15	Wed	7:52	2.3	8:14	3.2	2:04	0.3	1:39	0.2	5:58	8:24	
16	Thu	8:44	2.5	9:05	3.3	2:55	0.2	2:34	0.1	5:59	8:23	
17	Fri	9:36	2.6	9:56	3.4	3:44	0.1	3:29	0.0	5:59	8:23	
18	Sat	10:26	2.8	10:45	3.5	4:29	0.0	4:22	0.0	6:00	8:22	
19	Sun	11:15	2.9	11:34	3.5	5:13	0.0	5:14	-0.1	6:01	8:22	
20	Mon			12:05	3.1	5:57	-0.1	6:07	0.0	6:02	8:21	
21	Tue	12:23	3.4	12:57	3.2	6:43	-0.1	7:04	0.0	6:02	8:20	
22	Wed	1:14	3.2	1:50	3.3	7:31	-0.1	8:06	0.1	6:03	8:20	
23	Thu	2:06	3.0	2:44	3.3	8:22	0.0	9:09	0.2	6:04	8:19	
24	Fri	2:59	2.8	3:40	3.3	9:14	0.0	10:14	0.3	6:05	8:18	
25	Sat	3:55	2.6	4:42	3.3	10:10	0.1	11:21	0.3	6:05	8:17	
26	Sun	4:59	2.4	5:50	3.3	11:09	0.2			6:06	8:17	
27	Mon	6:09	2.4	6:55	3.2	12:25	0.3	12:11	0.2	6:07	8:16	
28	Tue	7:14	2.4	7:52	3.2	1:24	0.3	1:10	0.2	6:08	8:15	
29	Wed	8:11	2.5	8:44	3.2	2:19	0.3	2:07	0.2	6:09	8:14	
30	Thu	9:04	2.6	9:31	3.2	3:10	0.3	3:01	0.2	6:09	8:13	
31	Fri	9:52	2.7	10:13	3.2	3:54	0.2	3:50	0.2	6:10	8:12	