

Norfolk, VA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:35	2.8	10:50	3.2	4:33	0.2	4:34	0.2	6:11	8:11	
2	Sun	11:14	2.9	11:26	3.1	5:08	0.2	5:13	0.3	6:12	8:10	
3	Mon	11:51	2.9			5:40	0.2	5:52	0.3	6:13	8:09	
4	Tue	12:01	3.0	12:28	2.9	6:11	0.2	6:31	0.4	6:13	8:08	
5	Wed	12:38	2.9	1:04	2.9	6:42	0.3	7:13	0.5	6:14	8:07	
6	Thu	1:16	2.7	1:41	2.9	7:15	0.3	7:58	0.6	6:15	8:06	
7	Fri	1:55	2.6	2:20	2.9	7:51	0.4	8:46	0.6	6:16	8:05	
8	Sat	2:36	2.5	3:00	2.9	8:31	0.5	9:37	0.7	6:17	8:04	
9	Sun	3:21	2.4	3:47	2.9	9:17	0.5	10:35	0.7	6:18	8:03	
10	Mon	4:13	2.3	4:43	3.0	10:10	0.5	11:38	0.6	6:18	8:02	
11	Tue	5:16	2.3	5:48	3.0	11:11	0.5			6:19	8:01	
12	Wed	6:23	2.4	6:52	3.2	12:38	0.6	12:14	0.4	6:20	8:00	
13	Thu	7:24	2.5	7:49	3.4	1:33	0.5	1:15	0.3	6:21	7:58	
14	Fri	8:20	2.7	8:43	3.5	2:26	0.3	2:15	0.2	6:22	7:57	
15	Sat	9:13	3.0	9:36	3.6	3:16	0.2	3:13	0.1	6:22	7:56	
16	Sun	10:05	3.2	10:25	3.7	4:03	0.1	4:08	0.0	6:23	7:55	
17	Mon	10:54	3.4	11:14	3.6	4:47	0.0	5:01	0.0	6:24	7:53	
18	Tue	11:44	3.6			5:30	-0.1	5:54	0.0	6:25	7:52	
19	Wed	12:02	3.5	12:34	3.7	6:14	-0.1	6:50	0.1	6:26	7:51	
20	Thu	12:52	3.3	1:27	3.7	7:01	0.0	7:50	0.2	6:27	7:50	
21	Fri	1:44	3.1	2:22	3.7	7:52	0.1	8:53	0.3	6:27	7:48	
22	Sat	2:38	2.9	3:18	3.5	8:47	0.2	9:57	0.4	6:28	7:47	
23	Sun	3:34	2.7	4:21	3.4	9:46	0.3	11:04	0.5	6:29	7:46	
24	Mon	4:40	2.6	5:34	3.3	10:51	0.4			6:30	7:44	
25	Tue	5:56	2.5	6:43	3.2	12:09	0.6	11:57 AM	0.5	6:31	7:43	
26	Wed	7:04	2.6	7:40	3.3	1:07	0.5	12:59	0.5	6:31	7:41	
27	Thu	8:00	2.7	8:28	3.3	1:59	0.5	1:56	0.5	6:32	7:40	
28	Fri	8:49	2.9	9:10	3.3	2:46	0.5	2:47	0.4	6:33	7:39	
29	Sat	9:32	3.0	9:48	3.3	3:27	0.4	3:34	0.4	6:34	7:37	
30	Sun	10:11	3.1	10:23	3.3	4:02	0.3	4:15	0.4	6:35	7:36	
31	Mon	10:46	3.2	10:57	3.2	4:34	0.3	4:52	0.4	6:35	7:34	