

Norfolk, VA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:00	3.4	11:26	2.6	4:31	0.4	5:30	0.5	6:29	5:07	
2	Mon	11:42	3.3			5:11	0.4	6:16	0.5	6:30	5:06	
3	Tue	12:12	2.6	12:30	3.2	5:58	0.5	7:09	0.5	6:31	5:05	
4	Wed	1:03	2.5	1:23	3.2	6:55	0.5	8:07	0.5	6:32	5:04	
5	Thu	1:59	2.6	2:20	3.1	8:00	0.5	9:06	0.5	6:33	5:03	
6	Fri	3:01	2.6	3:22	3.1	9:10	0.5	10:05	0.4	6:34	5:02	
7	Sat	4:10	2.8	4:31	3.1	10:23	0.4	11:01	0.3	6:35	5:02	
8	Sun	5:17	3.1	5:35	3.1	11:31	0.3	11:53	0.1	6:36	5:01	
9	Mon	6:15	3.4	6:33	3.1			12:32	0.2	6:37	5:00	
10	Tue	7:08	3.6	7:27	3.1	12:43	0.0	1:31	0.0	6:38	4:59	
11	Wed	8:00	3.8	8:19	3.1	1:33	-0.1	2:27	0.0	6:39	4:58	
12	Thu	8:51	3.9	9:10	3.0	2:23	-0.1	3:19	-0.1	6:40	4:57	
13	Fri	9:41	3.9	9:59	2.9	3:11	-0.1	4:09	0.0	6:41	4:57	
14	Sat	10:30	3.8	10:48	2.8	3:59	-0.1	4:58	0.1	6:42	4:56	
15	Sun	11:19	3.6	11:39	2.7	4:46	0.0	5:49	0.2	6:43	4:55	
16	Mon			12:11	3.3	5:37	0.2	6:43	0.3	6:44	4:55	
17	Tue	12:34	2.6	1:03	3.1	6:34	0.3	7:38	0.4	6:45	4:54	
18	Wed	1:29	2.5	1:54	2.9	7:35	0.4	8:32	0.4	6:46	4:53	
19	Thu	2:26	2.4	2:47	2.7	8:38	0.5	9:24	0.4	6:47	4:53	
20	Fri	3:27	2.4	3:43	2.5	9:43	0.6	10:13	0.4	6:48	4:52	
21	Sat	4:31	2.5	4:43	2.4	10:45	0.5	10:58	0.4	6:49	4:52	
22	Sun	5:27	2.6	5:36	2.4	11:40	0.5	11:39	0.3	6:50	4:51	
23	Mon	6:12	2.8	6:23	2.4			12:29	0.4	6:51	4:51	
24	Tue	6:53	2.9	7:05	2.4	12:17	0.3	1:15	0.3	6:52	4:50	
25	Wed	7:31	3.0	7:47	2.4	12:56	0.2	1:58	0.3	6:53	4:50	
26	Thu	8:09	3.1	8:27	2.4	1:36	0.2	2:40	0.2	6:54	4:50	
27	Fri	8:46	3.1	9:07	2.4	2:16	0.1	3:18	0.2	6:55	4:49	
28	Sat	9:24	3.2	9:46	2.4	2:55	0.1	3:56	0.1	6:56	4:49	
29	Sun	10:03	3.2	10:27	2.4	3:35	0.0	4:34	0.1	6:57	4:49	
30	Mon	10:43	3.1	11:10	2.4	4:15	0.0	5:14	0.1	6:58	4:49	