

## Norfolk, VA - Dec 2009

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Tue | 11:27 | 3.1 | 11:58 | 2.4 | 4:58  | 0.1  | 6:00  | 0.1  | 6:59                                                                                | 4:48 |    |
| 2    | Wed |       |     | 12:15 | 3.0 | 5:47  | 0.1  | 6:50  | 0.1  | 7:00                                                                                | 4:48 |    |
| 3    | Thu | 12:50 | 2.4 | 1:07  | 2.9 | 6:45  | 0.1  | 7:43  | 0.1  | 7:01                                                                                | 4:48 |    |
| 4    | Fri | 1:45  | 2.5 | 2:01  | 2.8 | 7:50  | 0.2  | 8:37  | 0.1  | 7:02                                                                                | 4:48 |    |
| 5    | Sat | 2:43  | 2.6 | 2:58  | 2.7 | 8:58  | 0.2  | 9:32  | 0.0  | 7:03                                                                                | 4:48 |    |
| 6    | Sun | 3:47  | 2.7 | 4:03  | 2.6 | 10:09 | 0.1  | 10:28 | -0.1 | 7:04                                                                                | 4:48 |    |
| 7    | Mon | 4:54  | 2.9 | 5:10  | 2.5 | 11:17 | 0.1  | 11:23 | -0.1 | 7:04                                                                                | 4:48 |    |
| 8    | Tue | 5:55  | 3.1 | 6:11  | 2.5 |       |      | 12:19 | 0.0  | 7:05                                                                                | 4:48 |    |
| 9    | Wed | 6:51  | 3.3 | 7:08  | 2.5 | 12:17 | -0.2 | 1:18  | -0.1 | 7:06                                                                                | 4:48 |    |
| 10   | Thu | 7:45  | 3.4 | 8:02  | 2.5 | 1:10  | -0.3 | 2:15  | -0.2 | 7:07                                                                                | 4:48 |    |
| 11   | Fri | 8:38  | 3.4 | 8:54  | 2.5 | 2:04  | -0.3 | 3:07  | -0.2 | 7:08                                                                                | 4:49 |    |
| 12   | Sat | 9:28  | 3.4 | 9:44  | 2.5 | 2:55  | -0.3 | 3:55  | -0.2 | 7:08                                                                                | 4:49 |    |
| 13   | Sun | 10:15 | 3.3 | 10:32 | 2.4 | 3:44  | -0.3 | 4:41  | -0.2 | 7:09                                                                                | 4:49 |   |
| 14   | Mon | 11:01 | 3.1 | 11:20 | 2.4 | 4:31  | -0.2 | 5:26  | -0.1 | 7:10                                                                                | 4:49 |  |
| 15   | Tue | 11:46 | 2.9 |       |     | 5:18  | -0.1 | 6:12  | 0.0  | 7:10                                                                                | 4:50 |  |
| 16   | Wed | 12:09 | 2.3 | 12:31 | 2.7 | 6:08  | 0.0  | 6:58  | 0.1  | 7:11                                                                                | 4:50 |  |
| 17   | Thu | 12:59 | 2.2 | 1:15  | 2.5 | 7:02  | 0.2  | 7:43  | 0.1  | 7:12                                                                                | 4:50 |  |
| 18   | Fri | 1:47  | 2.2 | 1:59  | 2.3 | 7:58  | 0.3  | 8:25  | 0.1  | 7:12                                                                                | 4:51 |  |
| 19   | Sat | 2:35  | 2.2 | 2:45  | 2.1 | 8:55  | 0.3  | 9:09  | 0.2  | 7:13                                                                                | 4:51 |  |
| 20   | Sun | 3:27  | 2.2 | 3:38  | 2.0 | 9:55  | 0.3  | 9:53  | 0.2  | 7:13                                                                                | 4:51 |  |
| 21   | Mon | 4:24  | 2.2 | 4:37  | 1.9 | 10:55 | 0.3  | 10:40 | 0.1  | 7:14                                                                                | 4:52 |  |
| 22   | Tue | 5:20  | 2.3 | 5:34  | 1.9 | 11:49 | 0.3  | 11:27 | 0.1  | 7:14                                                                                | 4:52 |  |
| 23   | Wed | 6:09  | 2.4 | 6:25  | 1.9 |       |      | 12:39 | 0.2  | 7:15                                                                                | 4:53 |  |
| 24   | Thu | 6:54  | 2.6 | 7:13  | 1.9 | 12:13 | 0.0  | 1:27  | 0.1  | 7:15                                                                                | 4:54 |  |
| 25   | Fri | 7:38  | 2.7 | 7:58  | 2.0 | 1:00  | 0.0  | 2:13  | 0.0  | 7:15                                                                                | 4:54 |  |
| 26   | Sat | 8:22  | 2.8 | 8:43  | 2.1 | 1:47  | -0.1 | 2:56  | -0.1 | 7:16                                                                                | 4:55 |  |
| 27   | Sun | 9:05  | 2.9 | 9:27  | 2.1 | 2:33  | -0.2 | 3:37  | -0.1 | 7:16                                                                                | 4:55 |  |
| 28   | Mon | 9:47  | 2.9 | 10:10 | 2.2 | 3:18  | -0.3 | 4:16  | -0.2 | 7:16                                                                                | 4:56 |  |
| 29   | Tue | 10:29 | 2.9 | 10:55 | 2.3 | 4:03  | -0.3 | 4:57  | -0.2 | 7:17                                                                                | 4:57 |  |
| 30   | Wed | 11:14 | 2.9 | 11:43 | 2.3 | 4:49  | -0.3 | 5:40  | -0.3 | 7:17                                                                                | 4:58 |  |
| 31   | Thu |       |     | 12:01 | 2.8 | 5:40  | -0.3 | 6:26  | -0.3 | 7:17                                                                                | 4:58 |  |