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# Sand Shoal Inlet, VA - May 1840

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 7:01 | 4.3 | 7:26 | 5.7 | 12:49 | -0.4 | 12:51 | -0.4 | 5:11 | 6:56 | |
| 2 | Sat | 7:51 | 4.2 | 8:17 | 5.8 | 1:41 | -0.5 | 1:39 | -0.5 | 5:10 | 6:57 | |
| 3 | Sun | 8:42 | 4.1 | 9:10 | 5.8 | 2:33 | -0.5 | 2:28 | -0.5 | 5:09 | 6:58 | |
| 4 | Mon | 9:34 | 3.9 | 10:03 | 5.6 | 3:27 | -0.4 | 3:20 | -0.4 | 5:08 | 6:59 | |
| 5 | Tue | 10:27 | 3.7 | 10:59 | 5.3 | 4:23 | -0.2 | 4:15 | -0.3 | 5:07 | 7:00 | |
| 6 | Wed | 11:24 | 3.6 | 11:57 | 4.9 | 5:22 | 0.0 | 5:16 | -0.1 | 5:06 | 7:00 | |
| 7 | Thu | | | 12:25 | 3.4 | 6:23 | 0.1 | 6:20 | 0.1 | 5:05 | 7:01 | |
| 8 | Fri | 12:59 | 4.5 | 1:32 | 3.4 | 7:24 | 0.2 | 7:27 | 0.3 | 5:04 | 7:02 | |
| 9 | Sat | 2:05 | 4.2 | 2:42 | 3.5 | 8:23 | 0.3 | 8:35 | 0.4 | 5:03 | 7:03 | |
| 10 | Sun | 3:09 | 3.9 | 3:46 | 3.7 | 9:17 | 0.3 | 9:41 | 0.4 | 5:02 | 7:04 | |
| 11 | Mon | 4:07 | 3.8 | 4:38 | 4.0 | 10:06 | 0.3 | 10:42 | 0.3 | 5:01 | 7:05 | |
| 12 | Tue | 4:56 | 3.7 | 5:22 | 4.2 | 10:50 | 0.2 | 11:35 | 0.3 | 5:00 | 7:06 | |
| 13 | Wed | 5:39 | 3.6 | 6:02 | 4.5 | 11:29 | 0.2 | | | 4:59 | 7:06 | |
| 14 | Thu | 6:19 | 3.5 | 6:41 | 4.6 | 12:20 | 0.2 | 12:07 | 0.2 | 4:58 | 7:07 | |
| 15 | Fri | 6:59 | 3.5 | 7:19 | 4.7 | 1:00 | 0.2 | 12:44 | 0.2 | 4:57 | 7:08 | |
| 16 | Sat | 7:39 | 3.5 | 7:59 | 4.8 | 1:38 | 0.2 | 1:21 | 0.2 | 4:56 | 7:09 | |
| 17 | Sun | 8:19 | 3.4 | 8:39 | 4.7 | 2:15 | 0.2 | 1:58 | 0.2 | 4:56 | 7:10 | |
| 18 | Mon | 8:59 | 3.4 | 9:21 | 4.7 | 2:53 | 0.3 | 2:37 | 0.3 | 4:55 | 7:11 | |
| 19 | Tue | 9:40 | 3.3 | 10:02 | 4.6 | 3:33 | 0.4 | 3:17 | 0.4 | 4:54 | 7:12 | |
| 20 | Wed | 10:21 | 3.3 | 10:45 | 4.5 | 4:15 | 0.5 | 3:59 | 0.5 | 4:53 | 7:12 | |
| 21 | Thu | 11:04 | 3.2 | 11:29 | 4.3 | 4:59 | 0.6 | 4:46 | 0.6 | 4:53 | 7:13 | |
| 22 | Fri | 11:51 | 3.2 | | | 5:45 | 0.7 | 5:37 | 0.7 | 4:52 | 7:14 | |
| 23 | Sat | 12:15 | 4.2 | 12:43 | 3.3 | 6:33 | 0.7 | 6:33 | 0.7 | 4:51 | 7:15 | |
| 24 | Sun | 1:06 | 4.1 | 1:39 | 3.6 | 7:20 | 0.6 | 7:33 | 0.7 | 4:51 | 7:15 | |
| 25 | Mon | 2:01 | 4.0 | 2:37 | 3.9 | 8:09 | 0.5 | 8:34 | 0.6 | 4:50 | 7:16 | |
| 26 | Tue | 2:57 | 4.0 | 3:33 | 4.3 | 8:58 | 0.3 | 9:36 | 0.4 | 4:50 | 7:17 | |
| 27 | Wed | 3:54 | 4.0 | 4:28 | 4.8 | 9:49 | 0.1 | 10:37 | 0.1 | 4:49 | 7:18 | |
| 28 | Thu | 4:48 | 4.0 | 5:21 | 5.3 | 10:40 | -0.1 | 11:36 | -0.1 | 4:49 | 7:18 | |
| 29 | Fri | 5:42 | 4.0 | 6:13 | 5.6 | 11:33 | -0.3 | | | 4:48 | 7:19 | |
| 30 | Sat | 6:35 | 4.0 | 7:07 | 5.8 | 12:32 | -0.3 | 12:25 | -0.5 | 4:48 | 7:20 | |
| 31 | Sun | 7:29 | 4.0 | 8:01 | 5.9 | 1:26 | -0.4 | 1:17 | -0.6 | 4:47 | 7:21 | |