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# Sand Shoal Inlet, VA - Mar 1929

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 11:53 | 3.2 | | | 5:45 | 0.2 | 5:50 | 0.2 | 6:34 | 5:56 | |
| 2 | Sat | 12:21 | 3.8 | 12:40 | 2.9 | 6:37 | 0.4 | 6:36 | 0.4 | 6:33 | 5:57 | |
| 3 | Sun | 1:14 | 3.6 | 1:33 | 2.7 | 7:32 | 0.6 | 7:27 | 0.5 | 6:31 | 5:58 | |
| 4 | Mon | 2:13 | 3.5 | 2:32 | 2.6 | 8:31 | 0.8 | 8:23 | 0.6 | 6:30 | 5:59 | |
| 5 | Tue | 3:17 | 3.6 | 3:33 | 2.7 | 9:32 | 0.8 | 9:20 | 0.5 | 6:28 | 6:00 | |
| 6 | Wed | 4:16 | 3.7 | 4:29 | 2.9 | 10:29 | 0.7 | 10:17 | 0.4 | 6:27 | 6:01 | |
| 7 | Thu | 5:09 | 4.0 | 5:19 | 3.1 | 11:19 | 0.6 | 11:09 | 0.2 | 6:26 | 6:02 | |
| 8 | Fri | 5:55 | 4.2 | 6:05 | 3.4 | | | 12:02 | 0.4 | 6:24 | 6:03 | |
| 9 | Sat | 6:37 | 4.4 | 6:48 | 3.7 | | | 12:41 | 0.2 | 6:23 | 6:04 | |
| 10 | Sun | 7:19 | 4.6 | 7:31 | 4.0 | 12:42 | -0.2 | 1:19 | 0.0 | 6:21 | 6:05 | |
| 11 | Mon | 7:59 | 4.7 | 8:14 | 4.3 | 1:26 | -0.4 | 1:57 | -0.2 | 6:20 | 6:06 | |
| 12 | Tue | 8:40 | 4.6 | 8:56 | 4.6 | 2:10 | -0.5 | 2:35 | -0.3 | 6:18 | 6:07 | |
| 13 | Wed | 9:21 | 4.5 | 9:40 | 4.7 | 2:55 | -0.5 | 3:15 | -0.3 | 6:17 | 6:08 | |
| 14 | Thu | 10:04 | 4.3 | 10:26 | 4.8 | 3:43 | -0.4 | 3:57 | -0.3 | 6:15 | 6:09 | |
| 15 | Fri | 10:49 | 4.0 | 11:16 | 4.7 | 4:35 | -0.2 | 4:43 | -0.2 | 6:14 | 6:09 | |
| 16 | Sat | 11:38 | 3.6 | | | 5:31 | -0.1 | 5:34 | -0.1 | 6:12 | 6:10 | |
| 17 | Sun | 12:10 | 4.6 | 12:34 | 3.3 | 6:32 | 0.1 | 6:32 | 0.0 | 6:11 | 6:11 | |
| 18 | Mon | 1:13 | 4.5 | 1:38 | 3.1 | 7:37 | 0.3 | 7:35 | 0.1 | 6:09 | 6:12 | |
| 19 | Tue | 2:23 | 4.4 | 2:49 | 3.0 | 8:46 | 0.3 | 8:43 | 0.1 | 6:08 | 6:13 | |
| 20 | Wed | 3:35 | 4.4 | 3:59 | 3.2 | 9:55 | 0.3 | 9:51 | -0.1 | 6:06 | 6:14 | |
| 21 | Thu | 4:42 | 4.5 | 5:02 | 3.4 | 10:58 | 0.1 | 10:56 | -0.2 | 6:05 | 6:15 | |
| 22 | Fri | 5:39 | 4.5 | 5:56 | 3.7 | 11:51 | 0.0 | 11:54 | -0.4 | 6:03 | 6:16 | |
| 23 | Sat | 6:30 | 4.6 | 6:45 | 4.0 | | | 12:37 | -0.2 | 6:02 | 6:17 | |
| 24 | Sun | 7:15 | 4.5 | 7:31 | 4.3 | 12:46 | -0.5 | 1:17 | -0.3 | 6:00 | 6:18 | |
| 25 | Mon | 7:58 | 4.4 | 8:13 | 4.4 | 1:33 | -0.6 | 1:55 | -0.3 | 5:59 | 6:19 | |
| 26 | Tue | 8:38 | 4.3 | 8:55 | 4.5 | 2:17 | -0.5 | 2:32 | -0.3 | 5:57 | 6:19 | |
| 27 | Wed | 9:18 | 4.0 | 9:35 | 4.5 | 3:00 | -0.4 | 3:08 | -0.2 | 5:56 | 6:20 | |
| 28 | Thu | 9:57 | 3.8 | 10:16 | 4.4 | 3:42 | -0.2 | 3:45 | 0.0 | 5:54 | 6:21 | |
| 29 | Fri | 10:37 | 3.5 | 10:57 | 4.2 | 4:26 | 0.1 | 4:24 | 0.2 | 5:53 | 6:22 | |
| 30 | Sat | 11:19 | 3.2 | 11:42 | 4.0 | 5:11 | 0.3 | 5:06 | 0.4 | 5:51 | 6:23 | |
| 31 | Sun | | | 12:04 | 3.0 | 6:00 | 0.6 | 5:53 | 0.6 | 5:50 | 6:24 | |