

Sand Shoal Inlet, VA - Aug 1960

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:44	3.9	3:27	4.7	8:47	0.2	9:37	0.5	6:07	8:10	
2	Tue	3:46	3.8	4:30	4.9	9:45	0.1	10:41	0.4	6:08	8:09	
3	Wed	4:49	3.9	5:30	5.2	10:45	-0.1	11:44	0.2	6:09	8:08	
4	Thu	5:50	4.0	6:28	5.5	11:46	-0.3			6:10	8:07	
5	Fri	6:48	4.2	7:23	5.6	12:43	-0.1	12:44	-0.5	6:11	8:06	
6	Sat	7:44	4.4	8:17	5.7	1:38	-0.3	1:40	-0.7	6:11	8:05	
7	Sun	8:38	4.6	9:09	5.7	2:29	-0.5	2:34	-0.7	6:12	8:04	
8	Mon	9:31	4.7	9:59	5.5	3:17	-0.5	3:26	-0.7	6:13	8:03	
9	Tue	10:22	4.7	10:47	5.2	4:05	-0.5	4:19	-0.5	6:14	8:02	
10	Wed	11:12	4.7	11:35	4.8	4:53	-0.4	5:11	-0.3	6:15	8:01	
11	Thu			12:02	4.6	5:40	-0.2	6:06	0.0	6:16	8:00	
12	Fri	12:22	4.3	12:53	4.4	6:29	0.0	7:02	0.3	6:16	7:59	
13	Sat	1:11	3.9	1:46	4.2	7:18	0.2	8:00	0.6	6:17	7:57	
14	Sun	2:03	3.6	2:43	4.1	8:08	0.4	8:59	0.7	6:18	7:56	
15	Mon	2:59	3.3	3:43	4.1	9:00	0.5	9:59	0.9	6:19	7:55	
16	Tue	3:58	3.3	4:41	4.1	9:53	0.6	10:57	0.9	6:20	7:54	
17	Wed	4:55	3.3	5:33	4.3	10:45	0.6	11:49	0.8	6:21	7:52	
18	Thu	5:46	3.4	6:20	4.5	11:36	0.5			6:22	7:51	
19	Fri	6:32	3.6	7:03	4.6	12:34	0.7	12:23	0.4	6:22	7:50	
20	Sat	7:16	3.8	7:44	4.8	1:13	0.6	1:08	0.3	6:23	7:49	
21	Sun	7:58	4.1	8:24	4.9	1:51	0.5	1:50	0.2	6:24	7:47	
22	Mon	8:40	4.3	9:04	5.0	2:27	0.3	2:30	0.2	6:25	7:46	
23	Tue	9:21	4.4	9:43	5.0	3:04	0.3	3:11	0.2	6:26	7:44	
24	Wed	10:02	4.6	10:22	4.9	3:41	0.2	3:53	0.2	6:27	7:43	
25	Thu	10:43	4.7	11:02	4.7	4:20	0.2	4:38	0.3	6:27	7:42	
26	Fri	11:26	4.7	11:45	4.5	5:00	0.2	5:26	0.4	6:28	7:40	
27	Sat			12:13	4.8	5:45	0.3	6:18	0.5	6:29	7:39	
28	Sun	12:31	4.3	1:04	4.8	6:33	0.3	7:15	0.6	6:30	7:38	
29	Mon	1:23	4.1	2:01	4.8	7:27	0.3	8:16	0.6	6:31	7:36	
30	Tue	2:22	3.9	3:05	4.8	8:25	0.3	9:20	0.6	6:32	7:35	
31	Wed	3:28	3.8	4:11	5.0	9:26	0.2	10:25	0.5	6:32	7:33	