

Sand Shoal Inlet, VA - Mar 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:20	4.1	9:35	4.0	2:53	-0.4	3:16	-0.2	6:33	5:57	
2	Sat	9:57	3.9	10:14	4.0	3:35	-0.3	3:50	0.0	6:32	5:58	
3	Sun	10:35	3.6	10:54	4.0	4:17	0.0	4:26	0.1	6:30	5:59	
4	Mon	11:14	3.3	11:37	3.9	5:01	0.2	5:04	0.3	6:29	6:00	
5	Tue	11:55	3.1			5:48	0.4	5:47	0.5	6:28	6:01	
6	Wed	12:24	3.7	12:42	2.8	6:39	0.7	6:35	0.6	6:26	6:02	
7	Thu	1:18	3.6	1:37	2.7	7:34	0.8	7:28	0.6	6:25	6:02	
8	Fri	2:20	3.6	2:38	2.7	8:34	0.9	8:27	0.6	6:23	6:03	
9	Sat	3:24	3.8	3:40	2.8	9:35	0.8	9:27	0.4	6:22	6:04	
10	Sun	4:22	4.0	4:36	3.1	10:32	0.7	10:25	0.2	6:20	6:05	
11	Mon	5:14	4.3	5:27	3.4	11:22	0.4	11:19	-0.1	6:19	6:06	
12	Tue	6:02	4.6	6:15	3.8			12:08	0.1	6:17	6:07	
13	Wed	6:47	4.8	7:02	4.2	12:11	-0.3	12:50	-0.1	6:16	6:08	
14	Thu	7:32	4.9	7:49	4.6	1:00	-0.6	1:31	-0.4	6:15	6:09	
15	Fri	8:16	4.8	8:35	4.9	1:48	-0.7	2:12	-0.5	6:13	6:10	
16	Sat	9:01	4.7	9:23	5.1	2:37	-0.7	2:55	-0.6	6:12	6:11	
17	Sun	9:47	4.4	10:11	5.1	3:28	-0.7	3:39	-0.5	6:10	6:12	
18	Mon	10:35	4.0	11:03	5.0	4:22	-0.5	4:27	-0.4	6:09	6:13	
19	Tue	11:25	3.6	11:58	4.8	5:19	-0.2	5:20	-0.2	6:07	6:14	
20	Wed			12:21	3.3	6:21	0.0	6:18	0.0	6:06	6:15	
21	Thu	1:01	4.5	1:25	3.0	7:28	0.3	7:22	0.1	6:04	6:15	
22	Fri	2:12	4.3	2:38	2.9	8:38	0.4	8:31	0.2	6:03	6:16	
23	Sat	3:27	4.2	3:51	3.0	9:49	0.4	9:40	0.1	6:01	6:17	
24	Sun	4:36	4.2	4:54	3.2	10:52	0.3	10:45	0.0	6:00	6:18	
25	Mon	5:31	4.2	5:45	3.5	11:42	0.2	11:42	-0.1	5:58	6:19	
26	Tue	6:17	4.2	6:29	3.8			12:23	0.1	5:57	6:20	
27	Wed	6:58	4.2	7:10	4.0	12:30	-0.2	12:58	0.0	5:55	6:21	
28	Thu	7:35	4.2	7:48	4.2	1:13	-0.3	1:31	-0.1	5:54	6:22	
29	Fri	8:12	4.0	8:26	4.4	1:53	-0.3	2:04	0.0	5:52	6:23	
30	Sat	8:49	3.9	9:04	4.4	2:31	-0.2	2:36	0.0	5:51	6:23	
31	Sun	9:26	3.7	9:42	4.4	3:10	-0.1	3:10	0.1	5:49	6:24	