

Sand Shoal Inlet, VA - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:16	4.6	12:44	3.8	6:30	0.3	6:36	0.5	5:46	8:27	
2	Tue	1:02	4.4	1:36	4.0	7:15	0.3	7:35	0.5	5:46	8:27	
3	Wed	1:53	4.1	2:32	4.2	8:03	0.2	8:37	0.5	5:47	8:27	
4	Thu	2:49	3.9	3:32	4.5	8:53	0.1	9:41	0.4	5:47	8:27	
5	Fri	3:49	3.7	4:32	4.8	9:46	0.0	10:46	0.3	5:48	8:27	
6	Sat	4:50	3.6	5:32	5.2	10:43	-0.1	11:51	0.2	5:48	8:26	
7	Sun	5:50	3.6	6:29	5.4	11:41	-0.2			5:49	8:26	
8	Mon	6:48	3.6	7:26	5.6	12:52	0.0	12:39	-0.4	5:50	8:26	
9	Tue	7:44	3.7	8:21	5.7	1:49	-0.2	1:35	-0.5	5:50	8:25	
10	Wed	8:39	3.8	9:15	5.6	2:42	-0.2	2:29	-0.6	5:51	8:25	
11	Thu	9:33	3.8	10:06	5.4	3:32	-0.3	3:22	-0.5	5:51	8:25	
12	Fri	10:26	3.9	10:55	5.2	4:21	-0.2	4:14	-0.4	5:52	8:24	
13	Sat	11:16	3.9	11:42	4.8	5:08	-0.1	5:07	-0.2	5:53	8:24	
14	Sun			12:06	3.9	5:55	0.0	6:02	0.1	5:53	8:23	
15	Mon	12:28	4.4	12:57	3.9	6:41	0.1	6:58	0.4	5:54	8:23	
16	Tue	1:14	3.9	1:48	3.9	7:26	0.3	7:55	0.6	5:55	8:22	
17	Wed	2:03	3.6	2:42	3.9	8:10	0.4	8:53	0.8	5:56	8:22	
18	Thu	2:55	3.2	3:38	3.9	8:54	0.5	9:52	0.9	5:56	8:21	
19	Fri	3:50	3.1	4:32	4.0	9:41	0.6	10:51	0.9	5:57	8:21	
20	Sat	4:45	3.0	5:24	4.2	10:29	0.6	11:47	0.8	5:58	8:20	
21	Sun	5:37	3.0	6:13	4.4	11:19	0.6			5:59	8:19	
22	Mon	6:25	3.1	6:59	4.6	12:36	0.8	12:09	0.5	5:59	8:19	
23	Tue	7:11	3.3	7:43	4.8	1:19	0.7	12:56	0.4	6:00	8:18	
24	Wed	7:55	3.4	8:26	4.9	1:59	0.5	1:40	0.2	6:01	8:17	
25	Thu	8:39	3.6	9:07	5.0	2:38	0.4	2:23	0.1	6:02	8:17	
26	Fri	9:22	3.8	9:48	5.1	3:16	0.3	3:05	0.1	6:02	8:16	
27	Sat	10:05	3.9	10:28	5.0	3:54	0.3	3:49	0.1	6:03	8:15	
28	Sun	10:48	4.1	11:09	4.9	4:33	0.2	4:35	0.1	6:04	8:14	
29	Mon	11:32	4.2	11:51	4.6	5:14	0.2	5:24	0.2	6:05	8:13	
30	Tue			12:19	4.4	5:56	0.2	6:19	0.3	6:06	8:12	
31	Wed	12:36	4.3	1:10	4.5	6:42	0.2	7:17	0.4	6:06	8:11	