

Sand Shoal Inlet, VA - Aug 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:26	4.0	2:06	4.6	7:31	0.2	8:20	0.5	6:07	8:10	
2	Fri	2:22	3.7	3:08	4.8	8:24	0.2	9:25	0.5	6:08	8:09	
3	Sat	3:26	3.5	4:14	4.9	9:22	0.2	10:33	0.5	6:09	8:08	
4	Sun	4:32	3.4	5:18	5.1	10:23	0.1	11:40	0.4	6:10	8:07	
5	Mon	5:36	3.4	6:19	5.3	11:26	0.0			6:11	8:06	
6	Tue	6:36	3.6	7:16	5.4	12:42	0.2	12:27	-0.2	6:11	8:05	
7	Wed	7:32	3.8	8:09	5.4	1:37	0.1	1:24	-0.3	6:12	8:04	
8	Thu	8:24	3.9	8:58	5.4	2:25	-0.1	2:17	-0.4	6:13	8:03	
9	Fri	9:15	4.1	9:45	5.2	3:10	-0.1	3:07	-0.4	6:14	8:02	
10	Sat	10:03	4.2	10:29	4.9	3:53	-0.1	3:56	-0.3	6:15	8:01	
11	Sun	10:48	4.3	11:11	4.6	4:34	0.0	4:44	0.0	6:16	8:00	
12	Mon	11:33	4.3	11:52	4.2	5:14	0.1	5:33	0.2	6:17	7:59	
13	Tue			12:18	4.2	5:54	0.3	6:23	0.5	6:17	7:57	
14	Wed	12:34	3.8	1:04	4.2	6:35	0.5	7:16	0.7	6:18	7:56	
15	Thu	1:19	3.5	1:54	4.1	7:19	0.6	8:11	0.9	6:19	7:55	
16	Fri	2:09	3.2	2:49	4.0	8:05	0.8	9:08	1.1	6:20	7:54	
17	Sat	3:05	3.0	3:49	4.1	8:56	0.8	10:08	1.1	6:21	7:52	
18	Sun	4:05	3.0	4:49	4.2	9:50	0.9	11:07	1.1	6:22	7:51	
19	Mon	5:03	3.1	5:43	4.4	10:45	0.8			6:22	7:50	
20	Tue	5:55	3.3	6:31	4.6	12:01	1.0	11:39 AM	0.6	6:23	7:48	
21	Wed	6:43	3.5	7:16	4.9	12:46	0.8	12:29	0.4	6:24	7:47	
22	Thu	7:28	3.8	7:58	5.1	1:27	0.6	1:16	0.3	6:25	7:46	
23	Fri	8:12	4.1	8:39	5.2	2:05	0.4	2:01	0.1	6:26	7:44	
24	Sat	8:55	4.3	9:20	5.2	2:43	0.3	2:45	0.0	6:27	7:43	
25	Sun	9:38	4.6	10:01	5.1	3:21	0.1	3:30	0.0	6:27	7:42	
26	Mon	10:22	4.8	10:43	4.9	4:00	0.1	4:18	0.0	6:28	7:40	
27	Tue	11:07	5.0	11:27	4.6	4:41	0.0	5:08	0.1	6:29	7:39	
28	Wed	11:55	5.0			5:24	0.1	6:03	0.3	6:30	7:37	
29	Thu	12:13	4.2	12:47	5.0	6:12	0.2	7:03	0.5	6:31	7:36	
30	Fri	1:05	3.9	1:45	5.0	7:04	0.3	8:07	0.6	6:32	7:35	
31	Sat	2:04	3.5	2:50	4.9	8:03	0.3	9:15	0.7	6:32	7:33	