

Sand Shoal Inlet, VA - Nov 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:04	4.1	5:22	4.2	11:00	0.3	11:22	0.3	6:28	5:05	
2	Sat	5:47	4.4	6:03	4.1	11:51	0.3	11:59	0.2	6:29	5:04	
3	Sun	6:25	4.6	6:41	4.0			12:36	0.2	6:30	5:03	
4	Mon	7:03	4.8	7:19	3.9	12:34	0.2	1:16	0.2	6:31	5:02	
5	Tue	7:41	4.9	7:58	3.8	1:08	0.2	1:54	0.2	6:32	5:01	
6	Wed	8:19	4.9	8:37	3.7	1:43	0.2	2:32	0.3	6:33	5:00	
7	Thu	8:59	4.9	9:16	3.5	2:19	0.3	3:11	0.4	6:34	4:59	
8	Fri	9:40	4.8	9:57	3.4	2:56	0.4	3:52	0.6	6:35	4:58	
9	Sat	10:22	4.6	10:39	3.3	3:36	0.6	4:37	0.8	6:36	4:57	
10	Sun	11:07	4.4	11:24	3.2	4:19	0.7	5:25	0.9	6:37	4:56	
11	Mon	11:55	4.3			5:07	0.8	6:16	1.0	6:38	4:56	
12	Tue	12:15	3.1	12:47	4.2	6:02	0.9	7:07	1.0	6:39	4:55	
13	Wed	1:13	3.2	1:42	4.2	7:01	0.9	7:58	0.9	6:40	4:54	
14	Thu	2:13	3.4	2:39	4.2	8:01	0.8	8:47	0.7	6:41	4:53	
15	Fri	3:12	3.8	3:33	4.2	9:02	0.7	9:35	0.4	6:42	4:52	
16	Sat	4:06	4.2	4:25	4.3	10:02	0.4	10:23	0.2	6:43	4:52	
17	Sun	4:56	4.8	5:15	4.3	11:00	0.2	11:10	-0.1	6:44	4:51	
18	Mon	5:45	5.2	6:05	4.3	11:55	-0.1	11:58	-0.3	6:45	4:51	
19	Tue	6:35	5.6	6:55	4.3			12:48	-0.3	6:46	4:50	
20	Wed	7:25	5.9	7:45	4.2	12:46	-0.5	1:41	-0.4	6:47	4:49	
21	Thu	8:17	6.0	8:37	4.0	1:34	-0.6	2:33	-0.4	6:48	4:49	
22	Fri	9:10	5.9	9:30	3.9	2:24	-0.6	3:27	-0.3	6:49	4:48	
23	Sat	10:04	5.6	10:25	3.7	3:17	-0.5	4:24	-0.1	6:50	4:48	
24	Sun	11:00	5.3	11:22	3.5	4:14	-0.3	5:23	0.0	6:51	4:47	
25	Mon	11:58	4.9			5:15	-0.1	6:24	0.2	6:53	4:47	
26	Tue	12:25	3.4	12:59	4.5	6:20	0.1	7:24	0.2	6:53	4:47	
27	Wed	1:33	3.4	2:02	4.1	7:27	0.3	8:20	0.3	6:54	4:46	
28	Thu	2:43	3.5	3:04	3.8	8:35	0.4	9:12	0.3	6:55	4:46	
29	Fri	3:46	3.7	4:00	3.6	9:41	0.4	10:00	0.2	6:56	4:46	
30	Sat	4:37	4.0	4:48	3.5	10:41	0.4	10:42	0.2	6:57	4:46	