

## Sand Shoal Inlet, VA - Dec 1968

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 5:20  | 4.2 | 5:31  | 3.4 | 11:33 | 0.3  | 11:22 | 0.2  | 6:58                                                                                | 4:45 |    |
| 2    | Mon | 6:00  | 4.4 | 6:12  | 3.4 |       |      | 12:18 | 0.3  | 6:59                                                                                | 4:45 |    |
| 3    | Tue | 6:38  | 4.6 | 6:51  | 3.3 | 12:00 | 0.1  | 12:57 | 0.2  | 7:00                                                                                | 4:45 |    |
| 4    | Wed | 7:17  | 4.7 | 7:31  | 3.3 | 12:38 | 0.1  | 1:35  | 0.2  | 7:01                                                                                | 4:45 |    |
| 5    | Thu | 7:57  | 4.7 | 8:12  | 3.3 | 1:16  | 0.1  | 2:12  | 0.3  | 7:02                                                                                | 4:45 |    |
| 6    | Fri | 8:38  | 4.7 | 8:52  | 3.3 | 1:54  | 0.1  | 2:50  | 0.3  | 7:03                                                                                | 4:45 |    |
| 7    | Sat | 9:19  | 4.6 | 9:33  | 3.2 | 2:32  | 0.2  | 3:30  | 0.4  | 7:04                                                                                | 4:45 |    |
| 8    | Sun | 10:01 | 4.5 | 10:15 | 3.2 | 3:12  | 0.3  | 4:12  | 0.5  | 7:04                                                                                | 4:45 |    |
| 9    | Mon | 10:42 | 4.4 | 10:59 | 3.1 | 3:55  | 0.4  | 4:56  | 0.6  | 7:05                                                                                | 4:45 |    |
| 10   | Tue | 11:25 | 4.3 | 11:46 | 3.2 | 4:41  | 0.5  | 5:41  | 0.6  | 7:06                                                                                | 4:45 |    |
| 11   | Wed |       |     | 12:10 | 4.1 | 5:33  | 0.5  | 6:27  | 0.5  | 7:07                                                                                | 4:45 |    |
| 12   | Thu | 12:38 | 3.3 | 1:00  | 4.0 | 6:29  | 0.6  | 7:15  | 0.4  | 7:08                                                                                | 4:46 |   |
| 13   | Fri | 1:34  | 3.5 | 1:54  | 3.9 | 7:29  | 0.6  | 8:03  | 0.3  | 7:08                                                                                | 4:46 |  |
| 14   | Sat | 2:33  | 3.8 | 2:51  | 3.8 | 8:32  | 0.4  | 8:52  | 0.1  | 7:09                                                                                | 4:46 |  |
| 15   | Sun | 3:31  | 4.3 | 3:48  | 3.7 | 9:35  | 0.3  | 9:44  | -0.1 | 7:10                                                                                | 4:46 |  |
| 16   | Mon | 4:27  | 4.7 | 4:44  | 3.7 | 10:37 | 0.1  | 10:37 | -0.3 | 7:10                                                                                | 4:47 |  |
| 17   | Tue | 5:21  | 5.1 | 5:39  | 3.7 | 11:36 | -0.2 | 11:31 | -0.6 | 7:11                                                                                | 4:47 |  |
| 18   | Wed | 6:15  | 5.5 | 6:33  | 3.7 |       |      | 12:33 | -0.4 | 7:12                                                                                | 4:47 |  |
| 19   | Thu | 7:09  | 5.7 | 7:27  | 3.7 | 12:24 | -0.7 | 1:27  | -0.5 | 7:12                                                                                | 4:48 |  |
| 20   | Fri | 8:03  | 5.7 | 8:21  | 3.7 | 1:17  | -0.9 | 2:20  | -0.5 | 7:13                                                                                | 4:48 |  |
| 21   | Sat | 8:57  | 5.6 | 9:15  | 3.7 | 2:10  | -0.9 | 3:13  | -0.5 | 7:13                                                                                | 4:49 |  |
| 22   | Sun | 9:50  | 5.4 | 10:09 | 3.6 | 3:04  | -0.8 | 4:06  | -0.4 | 7:14                                                                                | 4:49 |  |
| 23   | Mon | 10:43 | 5.0 | 11:04 | 3.5 | 3:59  | -0.6 | 5:00  | -0.3 | 7:14                                                                                | 4:50 |  |
| 24   | Tue | 11:35 | 4.6 |       |     | 4:58  | -0.3 | 5:53  | -0.1 | 7:15                                                                                | 4:50 |  |
| 25   | Wed | 12:01 | 3.5 | 12:27 | 4.1 | 5:58  | -0.1 | 6:46  | 0.0  | 7:15                                                                                | 4:51 |  |
| 26   | Thu | 1:00  | 3.5 | 1:22  | 3.7 | 7:01  | 0.2  | 7:36  | 0.1  | 7:15                                                                                | 4:52 |  |
| 27   | Fri | 2:03  | 3.5 | 2:19  | 3.3 | 8:05  | 0.3  | 8:25  | 0.1  | 7:16                                                                                | 4:52 |  |
| 28   | Sat | 3:04  | 3.6 | 3:16  | 3.0 | 9:10  | 0.4  | 9:13  | 0.2  | 7:16                                                                                | 4:53 |  |
| 29   | Sun | 4:00  | 3.7 | 4:10  | 2.9 | 10:13 | 0.4  | 10:00 | 0.2  | 7:16                                                                                | 4:54 |  |
| 30   | Mon | 4:48  | 3.9 | 4:58  | 2.9 | 11:09 | 0.4  | 10:45 | 0.2  | 7:16                                                                                | 4:54 |  |
| 31   | Tue | 5:33  | 4.1 | 5:43  | 2.9 | 11:57 | 0.4  |       |      | 7:17                                                                                | 4:55 |  |