

Sand Shoal Inlet, VA - May 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:59	4.2	8:21	5.4	1:45	-0.2	1:48	-0.2	6:07	7:52	
2	Fri	8:45	4.2	9:09	5.6	2:34	-0.3	2:32	-0.3	6:06	7:53	
3	Sat	9:33	4.1	9:59	5.7	3:24	-0.4	3:18	-0.3	6:05	7:54	
4	Sun	10:23	3.9	10:50	5.6	4:15	-0.3	4:07	-0.3	6:04	7:55	
5	Mon	11:14	3.7	11:44	5.3	5:09	-0.2	5:00	-0.2	6:03	7:55	
6	Tue			12:09	3.6	6:06	0.0	5:59	0.0	6:02	7:56	
7	Wed	12:42	5.0	1:09	3.4	7:07	0.1	7:03	0.1	6:01	7:57	
8	Thu	1:43	4.7	2:15	3.4	8:09	0.2	8:10	0.2	6:00	7:58	
9	Fri	2:49	4.4	3:25	3.5	9:09	0.2	9:19	0.3	5:59	7:59	
10	Sat	3:56	4.2	4:33	3.8	10:07	0.2	10:27	0.3	5:58	8:00	
11	Sun	4:57	4.0	5:30	4.1	10:59	0.2	11:31	0.2	5:57	8:01	
12	Mon	5:50	3.9	6:19	4.4	11:46	0.1			5:56	8:02	
13	Tue	6:37	3.7	7:02	4.6	12:28	0.1	12:30	0.0	5:55	8:03	
14	Wed	7:20	3.6	7:43	4.8	1:18	0.0	1:10	0.0	5:54	8:03	
15	Thu	8:02	3.6	8:23	4.8	2:02	0.0	1:48	0.0	5:54	8:04	
16	Fri	8:43	3.5	9:04	4.9	2:43	0.0	2:26	0.1	5:53	8:05	
17	Sat	9:24	3.4	9:45	4.8	3:22	0.1	3:05	0.1	5:52	8:06	
18	Sun	10:04	3.4	10:26	4.7	4:01	0.2	3:44	0.2	5:51	8:07	
19	Mon	10:46	3.3	11:09	4.5	4:41	0.4	4:24	0.4	5:51	8:08	
20	Tue	11:28	3.2	11:53	4.4	5:24	0.5	5:08	0.5	5:50	8:08	
21	Wed			12:12	3.2	6:09	0.7	5:55	0.6	5:49	8:09	
22	Thu	12:38	4.2	1:00	3.1	6:55	0.8	6:46	0.7	5:48	8:10	
23	Fri	1:25	4.1	1:51	3.2	7:42	0.8	7:41	0.8	5:48	8:11	
24	Sat	2:16	3.9	2:47	3.4	8:29	0.7	8:38	0.8	5:47	8:12	
25	Sun	3:09	3.9	3:43	3.7	9:15	0.6	9:36	0.7	5:47	8:12	
26	Mon	4:03	3.8	4:37	4.1	10:02	0.5	10:35	0.6	5:46	8:13	
27	Tue	4:56	3.8	5:28	4.5	10:50	0.3	11:34	0.3	5:46	8:14	
28	Wed	5:47	3.9	6:18	5.0	11:38	0.1			5:45	8:15	
29	Thu	6:38	3.9	7:07	5.4	12:30	0.1	12:27	-0.1	5:45	8:15	
30	Fri	7:29	3.9	7:58	5.7	1:24	-0.1	1:17	-0.3	5:44	8:16	
31	Sat	8:21	3.9	8:50	5.8	2:17	-0.3	2:07	-0.4	5:44	8:17	