

Sand Shoal Inlet, VA - Sep 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:24	4.7	5:51	0.2	6:39	0.5	6:33	7:32	
2	Tue	12:41	3.7	1:14	4.5	6:37	0.4	7:36	0.8	6:34	7:31	
3	Wed	1:30	3.3	2:09	4.3	7:27	0.7	8:37	1.0	6:35	7:29	
4	Thu	2:26	3.1	3:12	4.1	8:21	0.8	9:41	1.1	6:36	7:28	
5	Fri	3:29	3.0	4:17	4.1	9:18	0.9	10:44	1.1	6:36	7:26	
6	Sat	4:32	3.1	5:16	4.2	10:17	0.9	11:40	1.1	6:37	7:25	
7	Sun	5:28	3.2	6:06	4.4	11:13	0.8			6:38	7:23	
8	Mon	6:16	3.5	6:48	4.6	12:23	1.0	12:04	0.6	6:39	7:22	
9	Tue	6:59	3.8	7:28	4.8	12:59	0.8	12:49	0.5	6:40	7:20	
10	Wed	7:40	4.1	8:06	4.8	1:33	0.6	1:32	0.3	6:41	7:19	
11	Thu	8:20	4.4	8:43	4.9	2:07	0.5	2:13	0.2	6:41	7:17	
12	Fri	9:00	4.6	9:21	4.8	2:40	0.3	2:54	0.2	6:42	7:16	
13	Sat	9:39	4.9	9:59	4.7	3:14	0.3	3:36	0.2	6:43	7:14	
14	Sun	10:19	5.0	10:38	4.5	3:50	0.3	4:20	0.3	6:44	7:12	
15	Mon	11:01	5.1	11:19	4.2	4:28	0.3	5:08	0.4	6:45	7:11	
16	Tue	11:47	5.1			5:10	0.4	6:00	0.6	6:45	7:09	
17	Wed	12:04	3.9	12:38	5.0	5:57	0.4	6:58	0.7	6:46	7:08	
18	Thu	12:56	3.6	1:37	4.9	6:52	0.5	8:02	0.8	6:47	7:06	
19	Fri	1:57	3.4	2:44	4.9	7:54	0.5	9:09	0.8	6:48	7:05	
20	Sat	3:07	3.4	3:55	4.9	9:01	0.5	10:17	0.7	6:49	7:03	
21	Sun	4:19	3.5	5:03	5.0	10:10	0.4	11:20	0.5	6:50	7:02	
22	Mon	5:25	3.8	6:02	5.1	11:17	0.2			6:50	7:00	
23	Tue	6:23	4.2	6:55	5.2	12:15	0.3	12:19	0.0	6:51	6:59	
24	Wed	7:16	4.6	7:44	5.2	1:04	0.1	1:15	-0.2	6:52	6:57	
25	Thu	8:05	4.9	8:30	5.0	1:48	-0.1	2:07	-0.3	6:53	6:56	
26	Fri	8:51	5.2	9:14	4.8	2:29	-0.2	2:56	-0.3	6:54	6:54	
27	Sat	9:36	5.3	9:57	4.5	3:09	-0.2	3:43	-0.1	6:55	6:53	
28	Sun	10:20	5.2	10:40	4.2	3:49	-0.1	4:30	0.1	6:55	6:51	
29	Mon	11:04	5.1	11:23	3.8	4:29	0.1	5:18	0.3	6:56	6:49	
30	Tue	11:49	4.8			5:11	0.4	6:08	0.6	6:57	6:48	