

Sand Shoal Inlet, VA - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:07	3.5	12:37	4.6	5:56	0.6	7:01	0.9	6:58	6:46	
2	Thu	12:55	3.3	1:30	4.3	6:47	0.8	7:58	1.1	6:59	6:45	
3	Fri	1:49	3.1	2:30	4.1	7:42	1.0	8:58	1.2	7:00	6:43	
4	Sat	2:51	3.1	3:35	4.1	8:41	1.0	9:57	1.2	7:01	6:42	
5	Sun	3:56	3.2	4:35	4.2	9:41	1.0	10:49	1.1	7:02	6:40	
6	Mon	4:54	3.4	5:26	4.3	10:38	0.9	11:33	1.0	7:02	6:39	
7	Tue	5:43	3.7	6:09	4.5	11:31	0.8			7:03	6:38	
8	Wed	6:27	4.1	6:50	4.6	12:12	0.8	12:20	0.6	7:04	6:36	
9	Thu	7:08	4.5	7:29	4.7	12:49	0.6	1:05	0.4	7:05	6:35	
10	Fri	7:48	4.8	8:09	4.7	1:25	0.4	1:49	0.2	7:06	6:33	
11	Sat	8:29	5.2	8:49	4.6	2:01	0.2	2:32	0.1	7:07	6:32	
12	Sun	9:11	5.4	9:30	4.5	2:39	0.1	3:16	0.1	7:08	6:30	
13	Mon	9:54	5.5	10:14	4.3	3:18	0.1	4:03	0.2	7:09	6:29	
14	Tue	10:40	5.5	10:59	4.0	4:00	0.1	4:52	0.3	7:10	6:28	
15	Wed	11:29	5.4	11:48	3.8	4:46	0.2	5:47	0.4	7:11	6:26	
16	Thu			12:23	5.2	5:38	0.3	6:47	0.6	7:12	6:25	
17	Fri	12:44	3.6	1:23	5.0	6:38	0.4	7:51	0.7	7:13	6:23	
18	Sat	1:47	3.4	2:30	4.9	7:44	0.5	8:57	0.7	7:13	6:22	
19	Sun	2:59	3.5	3:41	4.8	8:53	0.5	10:00	0.6	7:14	6:21	
20	Mon	4:12	3.7	4:46	4.7	10:02	0.4	10:58	0.4	7:15	6:19	
21	Tue	5:16	4.0	5:44	4.7	11:09	0.3	11:49	0.2	7:16	6:18	
22	Wed	6:11	4.4	6:34	4.6			12:10	0.1	7:17	6:17	
23	Thu	7:00	4.8	7:20	4.5	12:35	0.0	1:05	0.0	7:18	6:16	
24	Fri	7:45	5.1	8:04	4.4	1:18	-0.1	1:55	-0.1	7:19	6:14	
25	Sat	8:28	5.2	8:47	4.2	1:58	-0.1	2:41	-0.1	7:20	6:13	
26	Sun	8:11	5.3	8:29	4.0	1:37	-0.1	2:24	0.0	6:21	5:12	
27	Mon	8:53	5.2	9:11	3.8	2:16	0.0	3:08	0.2	6:22	5:11	
28	Tue	9:36	5.0	9:53	3.6	2:55	0.2	3:52	0.4	6:23	5:10	
29	Wed	10:20	4.8	10:37	3.4	3:36	0.4	4:38	0.6	6:24	5:09	
30	Thu	11:06	4.5	11:23	3.2	4:21	0.6	5:28	0.8	6:25	5:07	
31	Fri	11:55	4.3			5:10	0.8	6:20	1.0	6:26	5:06	