

Sand Shoal Inlet, VA - Feb 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:57	4.1	3:14	2.9	9:12	0.4	9:07	0.0	7:06	5:27	
2	Mon	4:02	4.4	4:19	3.0	10:18	0.2	10:10	-0.3	7:05	5:28	
3	Tue	5:03	4.7	5:19	3.3	11:21	0.0	11:12	-0.6	7:04	5:29	
4	Wed	6:01	5.0	6:16	3.6			12:17	-0.3	7:03	5:30	
5	Thu	6:56	5.3	7:11	3.8	12:11	-0.8	1:09	-0.5	7:02	5:31	
6	Fri	7:48	5.3	8:05	4.1	1:07	-1.1	1:57	-0.7	7:01	5:32	
7	Sat	8:38	5.2	8:57	4.3	2:00	-1.1	2:43	-0.8	7:00	5:33	
8	Sun	9:26	5.0	9:47	4.4	2:53	-1.1	3:29	-0.8	6:59	5:34	
9	Mon	10:13	4.6	10:38	4.4	3:46	-0.9	4:15	-0.7	6:58	5:35	
10	Tue	11:00	4.1	11:28	4.3	4:41	-0.6	5:01	-0.5	6:57	5:37	
11	Wed	11:48	3.6			5:38	-0.3	5:50	-0.3	6:56	5:38	
12	Thu	12:21	4.1	12:38	3.1	6:37	0.0	6:41	-0.1	6:55	5:39	
13	Fri	1:19	3.9	1:35	2.8	7:40	0.3	7:35	0.1	6:54	5:40	
14	Sat	2:23	3.7	2:37	2.6	8:47	0.5	8:32	0.2	6:53	5:41	
15	Sun	3:31	3.6	3:42	2.5	9:58	0.6	9:32	0.2	6:52	5:42	
16	Mon	4:34	3.7	4:40	2.6	11:01	0.6	10:30	0.2	6:51	5:43	
17	Tue	5:26	3.8	5:29	2.8	11:50	0.5	11:22	0.1	6:49	5:44	
18	Wed	6:10	4.0	6:13	3.0			12:27	0.4	6:48	5:45	
19	Thu	6:50	4.1	6:54	3.3	12:07	-0.1	12:59	0.3	6:47	5:46	
20	Fri	7:27	4.2	7:34	3.5	12:48	-0.2	1:31	0.2	6:46	5:47	
21	Sat	8:03	4.3	8:13	3.7	1:27	-0.2	2:02	0.1	6:44	5:48	
22	Sun	8:39	4.3	8:51	3.9	2:05	-0.2	2:34	0.0	6:43	5:49	
23	Mon	9:14	4.1	9:29	4.0	2:43	-0.2	3:07	0.0	6:42	5:50	
24	Tue	9:50	4.0	10:07	4.1	3:23	-0.1	3:41	0.1	6:41	5:51	
25	Wed	10:26	3.8	10:46	4.1	4:05	0.0	4:17	0.1	6:39	5:52	
26	Thu	11:05	3.5	11:31	4.2	4:52	0.2	4:58	0.2	6:38	5:53	
27	Fri	11:48	3.3			5:43	0.3	5:44	0.2	6:37	5:54	
28	Sat	12:22	4.1	12:40	3.1	6:41	0.4	6:39	0.2	6:35	5:55	