

Sand Shoal Inlet, VA - Apr 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:23	4.4	3:48	3.5	9:37	0.3	9:42	0.0	5:48	6:25	
2	Thu	4:26	4.6	4:50	3.9	10:36	0.1	10:48	-0.3	5:47	6:26	
3	Fri	5:23	4.6	5:45	4.3	11:28	-0.2	11:48	-0.5	5:45	6:27	
4	Sat	6:15	4.7	6:36	4.7			12:16	-0.4	5:44	6:27	
5	Sun	7:03	4.6	7:25	5.0	12:43	-0.7	1:00	-0.5	5:42	6:28	
6	Mon	7:50	4.4	8:12	5.2	1:34	-0.7	1:43	-0.6	5:41	6:29	
7	Tue	8:36	4.2	8:58	5.2	2:23	-0.7	2:25	-0.5	5:39	6:30	
8	Wed	9:21	3.9	9:43	5.0	3:10	-0.5	3:08	-0.3	5:38	6:31	
9	Thu	10:05	3.6	10:29	4.7	3:59	-0.2	3:52	-0.1	5:37	6:32	
10	Fri	10:50	3.3	11:17	4.4	4:48	0.1	4:39	0.1	5:35	6:33	
11	Sat	11:37	3.1			5:40	0.4	5:29	0.4	5:34	6:34	
12	Sun	12:09	4.1	12:29	2.9	6:35	0.6	6:24	0.6	5:32	6:35	
13	Mon	1:06	3.8	1:27	2.8	7:32	0.8	7:23	0.7	5:31	6:36	
14	Tue	2:08	3.7	2:31	2.9	8:29	0.9	8:23	0.7	5:29	6:36	
15	Wed	3:11	3.7	3:32	3.1	9:22	0.9	9:22	0.7	5:28	6:37	
16	Thu	4:05	3.7	4:24	3.4	10:09	0.8	10:17	0.6	5:27	6:38	
17	Fri	4:52	3.8	5:09	3.8	10:50	0.6	11:08	0.4	5:25	6:39	
18	Sat	5:34	3.9	5:51	4.1	11:28	0.5	11:54	0.2	5:24	6:40	
19	Sun	6:14	4.0	6:31	4.5			12:05	0.3	5:23	6:41	
20	Mon	6:54	4.0	7:11	4.8	12:37	0.1	12:42	0.2	5:21	6:42	
21	Tue	7:34	4.0	7:52	5.0	1:19	0.0	1:19	0.1	5:20	6:43	
22	Wed	8:15	3.9	8:34	5.1	2:01	-0.1	1:58	0.0	5:19	6:44	
23	Thu	8:57	3.8	9:18	5.2	2:45	-0.1	2:38	0.0	5:17	6:44	
24	Fri	9:41	3.7	10:04	5.1	3:31	0.0	3:22	0.1	5:16	6:45	
25	Sat	10:27	3.6	10:55	5.0	4:21	0.1	4:12	0.1	5:15	6:46	
26	Sun			12:18	3.4	6:16	0.3	6:07	0.2	6:14	7:47	
27	Mon	12:50	4.8	1:15	3.4	7:14	0.4	7:10	0.3	6:12	7:48	
28	Tue	1:50	4.6	2:20	3.4	8:15	0.4	8:16	0.3	6:11	7:49	
29	Wed	2:56	4.5	3:29	3.6	9:15	0.3	9:24	0.2	6:10	7:50	
30	Thu	4:01	4.4	4:35	3.9	10:12	0.2	10:32	0.1	6:09	7:51	