

Sand Shoal Inlet, VA - Dec 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:28	5.3	9:45	3.6	2:41	-0.1	3:42	0.1	6:58	4:45	
2	Wed	10:17	5.2	10:37	3.6	3:30	-0.1	4:34	0.1	6:59	4:45	
3	Thu	11:08	5.0	11:32	3.6	4:25	0.0	5:27	0.2	7:00	4:45	
4	Fri			12:02	4.7	5:25	0.1	6:22	0.1	7:01	4:45	
5	Sat	12:32	3.6	12:59	4.4	6:29	0.2	7:17	0.1	7:01	4:45	
6	Sun	1:36	3.8	2:00	4.1	7:36	0.2	8:10	0.0	7:02	4:45	
7	Mon	2:42	4.1	3:01	3.8	8:43	0.2	9:04	-0.1	7:03	4:45	
8	Tue	3:44	4.4	4:01	3.7	9:50	0.1	9:57	-0.2	7:04	4:45	
9	Wed	4:41	4.7	4:56	3.5	10:54	0.0	10:48	-0.3	7:05	4:45	
10	Thu	5:33	4.9	5:48	3.5	11:52	-0.1	11:39	-0.4	7:06	4:45	
11	Fri	6:22	5.0	6:37	3.4			12:44	-0.2	7:06	4:45	
12	Sat	7:10	5.1	7:24	3.4	12:27	-0.4	1:32	-0.2	7:07	4:45	
13	Sun	7:57	5.0	8:10	3.3	1:13	-0.4	2:16	-0.1	7:08	4:46	
14	Mon	8:42	4.9	8:55	3.3	1:58	-0.4	2:59	0.0	7:09	4:46	
15	Tue	9:27	4.7	9:40	3.2	2:41	-0.2	3:42	0.1	7:09	4:46	
16	Wed	10:10	4.5	10:24	3.2	3:26	-0.1	4:25	0.2	7:10	4:46	
17	Thu	10:53	4.3	11:10	3.1	4:11	0.1	5:08	0.4	7:11	4:47	
18	Fri	11:35	4.0	11:57	3.1	4:59	0.3	5:51	0.4	7:11	4:47	
19	Sat			12:20	3.7	5:50	0.5	6:34	0.5	7:12	4:48	
20	Sun	12:48	3.2	1:07	3.5	6:43	0.6	7:16	0.5	7:12	4:48	
21	Mon	1:42	3.3	1:58	3.3	7:38	0.7	8:00	0.5	7:13	4:48	
22	Tue	2:37	3.5	2:51	3.2	8:35	0.7	8:45	0.4	7:13	4:49	
23	Wed	3:30	3.8	3:44	3.1	9:32	0.7	9:32	0.3	7:14	4:50	
24	Thu	4:21	4.1	4:35	3.1	10:29	0.5	10:22	0.2	7:14	4:50	
25	Fri	5:10	4.4	5:24	3.2	11:22	0.4	11:11	0.0	7:15	4:51	
26	Sat	5:58	4.7	6:12	3.3			12:13	0.2	7:15	4:51	
27	Sun	6:47	5.0	7:01	3.4	12:00	-0.2	1:01	0.0	7:15	4:52	
28	Mon	7:35	5.2	7:50	3.5	12:49	-0.4	1:49	-0.1	7:16	4:53	
29	Tue	8:24	5.3	8:40	3.6	1:38	-0.5	2:36	-0.2	7:16	4:53	
30	Wed	9:13	5.3	9:31	3.7	2:28	-0.6	3:24	-0.3	7:16	4:54	
31	Thu	10:02	5.1	10:21	3.9	3:19	-0.6	4:13	-0.3	7:17	4:55	