

Sand Shoal Inlet, VA - Jul 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:36	3.4	3:16	3.8	8:37	0.6	9:20	0.9	5:45	8:27	
2	Fri	3:29	3.2	4:10	4.0	9:22	0.6	10:17	0.9	5:46	8:27	
3	Sat	4:23	3.1	5:02	4.2	10:09	0.6	11:13	0.8	5:46	8:27	
4	Sun	5:16	3.2	5:52	4.5	10:59	0.5			5:47	8:27	
5	Mon	6:06	3.3	6:40	4.8	12:06	0.7	11:50 AM	0.4	5:47	8:27	
6	Tue	6:55	3.4	7:27	5.0	12:56	0.5	12:40	0.2	5:48	8:26	
7	Wed	7:43	3.5	8:15	5.2	1:44	0.4	1:29	0.0	5:49	8:26	
8	Thu	8:31	3.7	9:02	5.4	2:29	0.2	2:17	-0.1	5:49	8:26	
9	Fri	9:19	3.9	9:48	5.4	3:14	0.0	3:05	-0.2	5:50	8:26	
10	Sat	10:08	4.1	10:35	5.4	3:59	-0.1	3:55	-0.2	5:50	8:25	
11	Sun	10:58	4.2	11:22	5.1	4:44	-0.1	4:47	-0.2	5:51	8:25	
12	Mon	11:48	4.3			5:31	-0.2	5:43	-0.1	5:52	8:25	
13	Tue	12:10	4.8	12:41	4.5	6:19	-0.1	6:43	0.1	5:52	8:24	
14	Wed	1:00	4.4	1:38	4.5	7:09	-0.1	7:45	0.2	5:53	8:24	
15	Thu	1:54	4.0	2:38	4.6	8:01	-0.1	8:50	0.4	5:54	8:23	
16	Fri	2:54	3.6	3:42	4.7	8:55	0.0	9:58	0.4	5:54	8:23	
17	Sat	3:57	3.3	4:46	4.8	9:51	0.0	11:06	0.4	5:55	8:22	
18	Sun	5:00	3.2	5:46	4.9	10:50	0.0			5:56	8:22	
19	Mon	6:00	3.2	6:42	4.9	12:11	0.3	11:49 AM	0.0	5:56	8:21	
20	Tue	6:55	3.3	7:33	5.0	1:08	0.2	12:45	-0.1	5:57	8:21	
21	Wed	7:45	3.4	8:20	5.0	1:56	0.2	1:36	-0.1	5:58	8:20	
22	Thu	8:33	3.5	9:04	4.9	2:39	0.1	2:23	-0.2	5:59	8:19	
23	Fri	9:18	3.7	9:46	4.8	3:19	0.1	3:07	-0.1	5:59	8:19	
24	Sat	10:01	3.8	10:26	4.7	3:56	0.1	3:50	0.0	6:00	8:18	
25	Sun	10:43	3.8	11:04	4.5	4:32	0.2	4:33	0.2	6:01	8:17	
26	Mon	11:24	3.9	11:43	4.2	5:09	0.3	5:17	0.4	6:02	8:16	
27	Tue			12:06	3.9	5:45	0.4	6:03	0.6	6:03	8:15	
28	Wed	12:22	3.9	12:50	3.9	6:23	0.5	6:51	0.8	6:03	8:15	
29	Thu	1:04	3.6	1:37	4.0	7:04	0.6	7:43	0.9	6:04	8:14	
30	Fri	1:49	3.4	2:29	4.0	7:47	0.7	8:38	1.0	6:05	8:13	
31	Sat	2:41	3.2	3:25	4.1	8:35	0.7	9:35	1.1	6:06	8:12	