

Sand Shoal Inlet, VA - Aug 1971

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:38	3.1	4:23	4.3	9:27	0.7	10:35	1.0	6:07	8:11	
2	Mon	4:37	3.2	5:19	4.5	10:22	0.6	11:33	0.9	6:08	8:10	
3	Tue	5:33	3.3	6:12	4.9	11:19	0.4			6:08	8:09	
4	Wed	6:26	3.5	7:03	5.2	12:27	0.6	12:14	0.2	6:09	8:08	
5	Thu	7:17	3.8	7:51	5.4	1:16	0.4	1:07	-0.1	6:10	8:07	
6	Fri	8:07	4.1	8:39	5.5	2:03	0.1	1:58	-0.3	6:11	8:06	
7	Sat	8:57	4.4	9:26	5.6	2:47	-0.1	2:49	-0.4	6:12	8:05	
8	Sun	9:47	4.7	10:13	5.4	3:31	-0.2	3:40	-0.4	6:13	8:04	
9	Mon	10:37	4.9	11:00	5.1	4:16	-0.3	4:33	-0.3	6:13	8:03	
10	Tue	11:27	5.0	11:48	4.7	5:02	-0.3	5:29	-0.2	6:14	8:02	
11	Wed			12:20	5.0	5:49	-0.2	6:28	0.1	6:15	8:01	
12	Thu	12:38	4.2	1:15	4.9	6:40	-0.1	7:31	0.3	6:16	7:59	
13	Fri	1:32	3.8	2:16	4.8	7:34	0.0	8:37	0.5	6:17	7:58	
14	Sat	2:33	3.4	3:23	4.7	8:32	0.2	9:46	0.6	6:18	7:57	
15	Sun	3:40	3.2	4:33	4.7	9:33	0.3	10:57	0.6	6:18	7:56	
16	Mon	4:49	3.2	5:37	4.7	10:37	0.3			6:19	7:55	
17	Tue	5:51	3.3	6:33	4.7	12:02	0.6	11:38 AM	0.2	6:20	7:53	
18	Wed	6:43	3.4	7:20	4.8	12:55	0.5	12:34	0.1	6:21	7:52	
19	Thu	7:30	3.6	8:02	4.8	1:38	0.4	1:22	0.1	6:22	7:51	
20	Fri	8:12	3.8	8:41	4.8	2:15	0.3	2:06	0.0	6:23	7:49	
21	Sat	8:53	4.0	9:18	4.7	2:48	0.3	2:47	0.1	6:24	7:48	
22	Sun	9:32	4.2	9:54	4.6	3:21	0.3	3:26	0.1	6:24	7:47	
23	Mon	10:11	4.3	10:31	4.4	3:53	0.3	4:06	0.3	6:25	7:45	
24	Tue	10:50	4.4	11:08	4.1	4:26	0.4	4:47	0.4	6:26	7:44	
25	Wed	11:30	4.4	11:46	3.9	5:00	0.5	5:29	0.6	6:27	7:43	
26	Thu			12:11	4.3	5:37	0.6	6:15	0.8	6:28	7:41	
27	Fri	12:25	3.6	12:55	4.3	6:17	0.8	7:05	1.0	6:29	7:40	
28	Sat	1:09	3.4	1:46	4.2	7:02	0.8	8:00	1.1	6:29	7:38	
29	Sun	1:59	3.3	2:44	4.3	7:54	0.9	8:59	1.2	6:30	7:37	
30	Mon	2:59	3.2	3:47	4.4	8:51	0.8	10:01	1.1	6:31	7:36	
31	Tue	4:03	3.3	4:48	4.6	9:52	0.7	11:00	0.9	6:32	7:34	