

Sand Shoal Inlet, VA - Jan 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:03	5.1	8:17	3.5	1:19	-0.7	2:18	-0.4	7:17	4:55	
2	Sun	8:51	4.9	9:05	3.5	2:08	-0.7	3:03	-0.3	7:17	4:56	
3	Mon	9:36	4.7	9:52	3.5	2:55	-0.6	3:47	-0.3	7:17	4:57	
4	Tue	10:19	4.4	10:37	3.5	3:43	-0.4	4:29	-0.1	7:17	4:58	
5	Wed	11:01	4.1	11:23	3.4	4:31	-0.1	5:11	0.0	7:17	4:59	
6	Thu	11:43	3.7			5:21	0.1	5:53	0.1	7:17	4:59	
7	Fri	12:11	3.4	12:28	3.4	6:12	0.3	6:36	0.2	7:17	5:00	
8	Sat	1:01	3.4	1:16	3.1	7:06	0.5	7:20	0.3	7:17	5:01	
9	Sun	1:56	3.4	2:09	2.9	8:02	0.6	8:06	0.4	7:17	5:02	
10	Mon	2:52	3.5	3:04	2.8	8:59	0.7	8:55	0.4	7:17	5:03	
11	Tue	3:48	3.7	3:59	2.8	9:57	0.7	9:46	0.3	7:17	5:04	
12	Wed	4:40	4.0	4:50	2.9	10:52	0.6	10:37	0.1	7:17	5:05	
13	Thu	5:29	4.2	5:39	3.0	11:42	0.4	11:27	0.0	7:16	5:06	
14	Fri	6:16	4.5	6:25	3.2			12:28	0.2	7:16	5:07	
15	Sat	7:00	4.7	7:11	3.4	12:14	-0.2	1:10	0.0	7:16	5:08	
16	Sun	7:44	4.9	7:57	3.6	1:00	-0.4	1:52	-0.1	7:16	5:09	
17	Mon	8:28	5.0	8:43	3.8	1:46	-0.5	2:34	-0.3	7:15	5:10	
18	Tue	9:11	4.9	9:29	3.9	2:32	-0.6	3:16	-0.4	7:15	5:11	
19	Wed	9:55	4.8	10:16	4.1	3:20	-0.6	4:00	-0.4	7:14	5:12	
20	Thu	10:40	4.5	11:06	4.2	4:11	-0.4	4:45	-0.4	7:14	5:13	
21	Fri	11:27	4.2	11:59	4.2	5:07	-0.3	5:33	-0.4	7:13	5:14	
22	Sat			12:18	3.7	6:06	-0.1	6:24	-0.3	7:13	5:15	
23	Sun	12:57	4.2	1:15	3.4	7:09	0.0	7:19	-0.3	7:12	5:16	
24	Mon	2:01	4.2	2:18	3.1	8:16	0.1	8:18	-0.3	7:12	5:17	
25	Tue	3:08	4.3	3:25	2.9	9:26	0.2	9:20	-0.3	7:11	5:19	
26	Wed	4:15	4.4	4:30	2.9	10:35	0.1	10:23	-0.4	7:11	5:20	
27	Thu	5:16	4.5	5:29	3.0	11:38	0.0	11:23	-0.5	7:10	5:21	
28	Fri	6:12	4.6	6:23	3.2			12:31	-0.2	7:09	5:22	
29	Sat	7:02	4.6	7:12	3.4	12:17	-0.6	1:17	-0.3	7:09	5:23	
30	Sun	7:48	4.6	7:59	3.5	1:07	-0.7	1:58	-0.3	7:08	5:24	
31	Mon	8:30	4.5	8:42	3.6	1:52	-0.7	2:36	-0.3	7:07	5:25	