

Sand Shoal Inlet, VA - Mar 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:41	4.1	8:55	4.1	2:16	-0.4	2:37	-0.2	6:33	5:57	
2	Thu	9:18	4.0	9:34	4.1	2:55	-0.3	3:10	-0.1	6:32	5:58	
3	Fri	9:55	3.7	10:13	4.1	3:35	-0.1	3:45	0.0	6:30	5:59	
4	Sat	10:32	3.5	10:53	4.0	4:15	0.1	4:21	0.2	6:29	6:00	
5	Sun	11:11	3.3	11:36	3.9	4:59	0.3	5:01	0.3	6:28	6:01	
6	Mon	11:53	3.1			5:46	0.5	5:45	0.5	6:26	6:02	
7	Tue	12:24	3.8	12:40	2.9	6:37	0.7	6:35	0.5	6:25	6:02	
8	Wed	1:20	3.7	1:36	2.8	7:33	0.8	7:31	0.5	6:23	6:03	
9	Thu	2:22	3.7	2:39	2.9	8:33	0.8	8:30	0.5	6:22	6:04	
10	Fri	3:24	3.9	3:41	3.1	9:32	0.7	9:31	0.3	6:20	6:05	
11	Sat	4:22	4.2	4:37	3.4	10:28	0.5	10:30	0.0	6:19	6:06	
12	Sun	5:14	4.4	5:30	3.8	11:19	0.2	11:26	-0.3	6:17	6:07	
13	Mon	6:03	4.7	6:19	4.3			12:06	-0.1	6:16	6:08	
14	Tue	6:50	4.8	7:08	4.7	12:19	-0.5	12:50	-0.4	6:14	6:09	
15	Wed	7:37	4.9	7:57	5.0	1:10	-0.7	1:34	-0.6	6:13	6:10	
16	Thu	8:24	4.8	8:45	5.3	2:01	-0.8	2:18	-0.7	6:11	6:11	
17	Fri	9:11	4.5	9:35	5.3	2:52	-0.8	3:03	-0.7	6:10	6:12	
18	Sat	9:59	4.2	10:26	5.2	3:44	-0.7	3:51	-0.6	6:09	6:13	
19	Sun	10:49	3.9	11:20	5.0	4:40	-0.4	4:43	-0.4	6:07	6:14	
20	Mon	11:42	3.5			5:39	-0.2	5:39	-0.2	6:06	6:15	
21	Tue	12:19	4.6	12:41	3.2	6:42	0.1	6:41	0.0	6:04	6:15	
22	Wed	1:24	4.3	1:48	3.0	7:49	0.3	7:46	0.1	6:03	6:16	
23	Thu	2:37	4.1	3:02	3.0	8:58	0.4	8:55	0.1	6:01	6:17	
24	Fri	3:49	4.0	4:11	3.2	10:04	0.4	10:02	0.1	5:59	6:18	
25	Sat	4:50	4.0	5:06	3.4	10:59	0.3	11:02	0.0	5:58	6:19	
26	Sun	5:39	4.0	5:52	3.7	11:44	0.2	11:53	-0.1	5:56	6:20	
27	Mon	6:20	4.0	6:32	3.9			12:21	0.1	5:55	6:21	
28	Tue	6:57	4.0	7:10	4.2	12:37	-0.1	12:54	0.0	5:53	6:22	
29	Wed	7:34	4.0	7:48	4.4	1:17	-0.2	1:26	0.0	5:52	6:23	
30	Thu	8:11	3.9	8:26	4.5	1:54	-0.2	1:59	0.0	5:50	6:23	
31	Fri	8:48	3.8	9:04	4.5	2:32	-0.1	2:33	0.1	5:49	6:24	