

Sand Shoal Inlet, VA - Aug 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:47	4.2	1:25	4.8	6:52	0.0	7:38	0.4	6:07	8:10	
2	Wed	1:41	3.8	2:25	4.8	7:45	0.1	8:42	0.5	6:08	8:09	
3	Thu	2:41	3.5	3:31	4.8	8:42	0.1	9:50	0.5	6:09	8:08	
4	Fri	3:48	3.4	4:38	4.9	9:43	0.1	10:58	0.5	6:10	8:07	
5	Sat	4:55	3.4	5:41	5.0	10:47	0.0			6:11	8:06	
6	Sun	5:57	3.5	6:40	5.1	12:03	0.3	11:49 AM	-0.1	6:12	8:05	
7	Mon	6:54	3.7	7:32	5.2	1:00	0.2	12:48	-0.2	6:12	8:04	
8	Tue	7:47	3.9	8:21	5.2	1:49	0.0	1:41	-0.3	6:13	8:03	
9	Wed	8:36	4.1	9:06	5.1	2:33	-0.1	2:31	-0.3	6:14	8:02	
10	Thu	9:23	4.2	9:49	4.9	3:14	-0.1	3:17	-0.3	6:15	8:01	
11	Fri	10:07	4.3	10:30	4.7	3:53	-0.1	4:03	-0.1	6:16	8:00	
12	Sat	10:50	4.4	11:09	4.3	4:31	0.0	4:48	0.1	6:17	7:58	
13	Sun	11:33	4.3	11:50	4.0	5:09	0.2	5:34	0.4	6:17	7:57	
14	Mon			12:16	4.3	5:48	0.4	6:22	0.6	6:18	7:56	
15	Tue	12:31	3.7	1:02	4.2	6:29	0.5	7:13	0.8	6:19	7:55	
16	Wed	1:16	3.4	1:52	4.1	7:13	0.7	8:06	1.0	6:20	7:54	
17	Thu	2:06	3.2	2:49	4.0	8:02	0.8	9:03	1.1	6:21	7:52	
18	Fri	3:02	3.1	3:49	4.1	8:54	0.8	10:02	1.2	6:22	7:51	
19	Sat	4:03	3.1	4:48	4.3	9:50	0.8	11:00	1.1	6:22	7:50	
20	Sun	5:01	3.2	5:41	4.5	10:46	0.7	11:52	0.9	6:23	7:48	
21	Mon	5:53	3.5	6:29	4.8	11:40	0.5			6:24	7:47	
22	Tue	6:42	3.8	7:14	5.0	12:39	0.7	12:31	0.3	6:25	7:46	
23	Wed	7:28	4.1	7:57	5.2	1:21	0.5	1:19	0.1	6:26	7:44	
24	Thu	8:13	4.4	8:40	5.3	2:02	0.2	2:06	-0.1	6:27	7:43	
25	Fri	8:58	4.8	9:23	5.2	2:41	0.0	2:53	-0.2	6:28	7:42	
26	Sat	9:44	5.0	10:06	5.1	3:22	-0.1	3:41	-0.2	6:28	7:40	
27	Sun	10:30	5.2	10:51	4.8	4:03	-0.2	4:31	-0.1	6:29	7:39	
28	Mon	11:19	5.3	11:38	4.5	4:47	-0.1	5:25	0.1	6:30	7:37	
29	Tue			12:10	5.2	5:35	0.0	6:22	0.3	6:31	7:36	
30	Wed	12:28	4.1	1:05	5.1	6:27	0.1	7:25	0.5	6:32	7:35	
31	Thu	1:23	3.7	2:08	4.9	7:24	0.2	8:31	0.6	6:32	7:33	