

Sand Shoal Inlet, VA - Nov 1972

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:22	4.0	4:40	4.0	10:17	0.5	10:40	0.4	6:28	5:05	
2	Thu	5:08	4.2	5:23	3.9	11:12	0.4	11:20	0.3	6:29	5:04	
3	Fri	5:48	4.5	6:03	3.9	11:59	0.3	11:57	0.3	6:30	5:03	
4	Sat	6:26	4.7	6:41	3.8			12:40	0.3	6:31	5:02	
5	Sun	7:04	4.8	7:20	3.8	12:32	0.2	1:18	0.3	6:32	5:01	
6	Mon	7:43	4.9	7:59	3.7	1:08	0.2	1:55	0.3	6:33	5:00	
7	Tue	8:22	4.9	8:38	3.7	1:44	0.3	2:33	0.4	6:34	4:59	
8	Wed	9:02	4.9	9:18	3.6	2:20	0.3	3:12	0.5	6:35	4:58	
9	Thu	9:44	4.8	9:59	3.5	2:59	0.4	3:53	0.6	6:36	4:57	
10	Fri	10:26	4.6	10:42	3.4	3:39	0.5	4:37	0.8	6:37	4:56	
11	Sat	11:09	4.5	11:27	3.3	4:24	0.6	5:24	0.8	6:38	4:55	
12	Sun	11:56	4.4			5:13	0.7	6:14	0.9	6:39	4:55	
13	Mon	12:18	3.3	12:47	4.3	6:09	0.8	7:04	0.8	6:40	4:54	
14	Tue	1:16	3.5	1:42	4.2	7:08	0.8	7:54	0.7	6:41	4:53	
15	Wed	2:16	3.7	2:39	4.2	8:10	0.7	8:45	0.5	6:42	4:52	
16	Thu	3:15	4.2	3:35	4.2	9:12	0.5	9:35	0.2	6:43	4:52	
17	Fri	4:10	4.6	4:30	4.2	10:13	0.3	10:26	0.0	6:44	4:51	
18	Sat	5:03	5.1	5:23	4.3	11:12	0.0	11:17	-0.3	6:45	4:50	
19	Sun	5:55	5.5	6:15	4.3			12:08	-0.2	6:46	4:50	
20	Mon	6:47	5.8	7:07	4.2	12:08	-0.5	1:03	-0.4	6:47	4:49	
21	Tue	7:39	6.0	7:59	4.1	12:58	-0.7	1:56	-0.5	6:48	4:49	
22	Wed	8:33	5.9	8:52	4.0	1:49	-0.7	2:48	-0.4	6:49	4:48	
23	Thu	9:26	5.8	9:46	3.9	2:41	-0.7	3:43	-0.3	6:50	4:48	
24	Fri	10:20	5.4	10:41	3.8	3:36	-0.5	4:38	-0.1	6:52	4:47	
25	Sat	11:14	5.0	11:38	3.6	4:33	-0.3	5:35	0.0	6:53	4:47	
26	Sun			12:10	4.6	5:34	0.0	6:33	0.1	6:54	4:47	
27	Mon	12:39	3.5	1:08	4.2	6:38	0.2	7:28	0.2	6:54	4:46	
28	Tue	1:45	3.5	2:08	3.8	7:43	0.4	8:21	0.3	6:55	4:46	
29	Wed	2:50	3.6	3:07	3.6	8:48	0.5	9:10	0.3	6:56	4:46	
30	Thu	3:48	3.8	4:00	3.4	9:51	0.5	9:56	0.3	6:57	4:46	