

Sand Shoal Inlet, VA - Jan 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:32	4.1	5:40	3.0	11:51	0.4	11:30	0.0	7:17	4:56	
2	Tue	6:16	4.3	6:24	3.1			12:32	0.3	7:17	4:57	
3	Wed	6:58	4.4	7:06	3.2	12:13	-0.1	1:10	0.2	7:17	4:58	
4	Thu	7:39	4.6	7:49	3.3	12:55	-0.2	1:47	0.1	7:17	4:58	
5	Fri	8:19	4.6	8:30	3.4	1:35	-0.2	2:25	0.1	7:17	4:59	
6	Sat	8:58	4.6	9:12	3.5	2:16	-0.2	3:02	0.0	7:17	5:00	
7	Sun	9:37	4.6	9:54	3.6	2:57	-0.2	3:41	0.0	7:17	5:01	
8	Mon	10:17	4.4	10:37	3.7	3:41	-0.1	4:21	0.0	7:17	5:02	
9	Tue	10:57	4.2	11:22	3.8	4:28	0.0	5:04	0.0	7:17	5:03	
10	Wed	11:41	4.0			5:21	0.1	5:49	0.0	7:17	5:04	
11	Thu	12:13	3.9	12:31	3.7	6:18	0.2	6:39	-0.1	7:17	5:05	
12	Fri	1:10	4.0	1:27	3.4	7:19	0.2	7:32	-0.1	7:16	5:06	
13	Sat	2:12	4.2	2:30	3.3	8:24	0.2	8:30	-0.2	7:16	5:07	
14	Sun	3:18	4.4	3:35	3.2	9:32	0.1	9:31	-0.4	7:16	5:08	
15	Mon	4:21	4.7	4:38	3.3	10:38	0.0	10:33	-0.5	7:16	5:09	
16	Tue	5:22	4.9	5:38	3.4	11:40	-0.2	11:33	-0.8	7:15	5:10	
17	Wed	6:19	5.1	6:34	3.6			12:36	-0.4	7:15	5:11	
18	Thu	7:13	5.2	7:28	3.7	12:30	-0.9	1:27	-0.6	7:14	5:12	
19	Fri	8:04	5.1	8:20	3.9	1:23	-1.0	2:14	-0.7	7:14	5:13	
20	Sat	8:52	5.0	9:10	3.9	2:14	-1.0	3:00	-0.7	7:14	5:14	
21	Sun	9:38	4.7	9:58	4.0	3:04	-0.9	3:44	-0.6	7:13	5:15	
22	Mon	10:23	4.4	10:45	3.9	3:55	-0.6	4:28	-0.5	7:13	5:16	
23	Tue	11:06	3.9	11:33	3.8	4:45	-0.3	5:12	-0.3	7:12	5:17	
24	Wed	11:50	3.5			5:38	-0.1	5:56	-0.1	7:11	5:18	
25	Thu	12:22	3.7	12:37	3.1	6:31	0.2	6:42	0.1	7:11	5:19	
26	Fri	1:15	3.5	1:28	2.8	7:27	0.4	7:30	0.2	7:10	5:20	
27	Sat	2:13	3.5	2:24	2.7	8:26	0.6	8:21	0.3	7:09	5:22	
28	Sun	3:13	3.5	3:23	2.6	9:27	0.7	9:15	0.3	7:09	5:23	
29	Mon	4:11	3.7	4:18	2.7	10:26	0.6	10:08	0.2	7:08	5:24	
30	Tue	5:03	3.8	5:09	2.9	11:17	0.5	11:00	0.1	7:07	5:25	
31	Wed	5:49	4.1	5:56	3.1			12:01	0.4	7:06	5:26	