

Sand Shoal Inlet, VA - Aug 1973

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:37	4.6	11:00	4.9	4:19	-0.4	4:33	-0.4	6:07	8:11	
2	Thu	11:26	4.6	11:46	4.5	5:04	-0.3	5:26	-0.1	6:08	8:10	
3	Fri			12:15	4.5	5:50	-0.1	6:21	0.2	6:09	8:09	
4	Sat	12:31	4.0	1:05	4.4	6:36	0.1	7:17	0.5	6:10	8:08	
5	Sun	1:19	3.6	1:58	4.2	7:23	0.3	8:15	0.7	6:10	8:07	
6	Mon	2:11	3.3	2:55	4.1	8:12	0.5	9:15	0.9	6:11	8:06	
7	Tue	3:07	3.1	3:56	4.1	9:04	0.6	10:17	1.0	6:12	8:04	
8	Wed	4:07	3.0	4:55	4.2	9:57	0.6	11:16	1.0	6:13	8:03	
9	Thu	5:04	3.1	5:47	4.3	10:52	0.6			6:14	8:02	
10	Fri	5:55	3.2	6:33	4.5	12:07	0.9	11:43 AM	0.5	6:15	8:01	
11	Sat	6:42	3.5	7:16	4.7	12:50	0.8	12:31	0.4	6:16	8:00	
12	Sun	7:26	3.7	7:56	4.8	1:27	0.6	1:16	0.3	6:16	7:59	
13	Mon	8:08	3.9	8:35	4.9	2:03	0.5	1:58	0.2	6:17	7:58	
14	Tue	8:50	4.2	9:13	4.9	2:38	0.3	2:39	0.1	6:18	7:56	
15	Wed	9:31	4.4	9:52	4.9	3:13	0.3	3:21	0.1	6:19	7:55	
16	Thu	10:11	4.5	10:30	4.7	3:49	0.2	4:04	0.2	6:20	7:54	
17	Fri	10:53	4.7	11:10	4.5	4:27	0.2	4:49	0.3	6:21	7:53	
18	Sat	11:36	4.8	11:53	4.3	5:07	0.2	5:39	0.4	6:21	7:51	
19	Sun			12:24	4.8	5:51	0.3	6:33	0.5	6:22	7:50	
20	Mon	12:39	4.0	1:17	4.8	6:40	0.3	7:33	0.6	6:23	7:49	
21	Tue	1:33	3.7	2:18	4.8	7:35	0.3	8:37	0.7	6:24	7:47	
22	Wed	2:35	3.5	3:24	4.9	8:36	0.3	9:43	0.7	6:25	7:46	
23	Thu	3:43	3.5	4:32	5.0	9:40	0.2	10:49	0.5	6:26	7:45	
24	Fri	4:51	3.6	5:36	5.2	10:45	0.1	11:52	0.3	6:26	7:43	
25	Sat	5:54	3.9	6:33	5.3	11:49	-0.1			6:27	7:42	
26	Sun	6:52	4.2	7:26	5.4	12:47	0.1	12:48	-0.3	6:28	7:41	
27	Mon	7:45	4.5	8:16	5.3	1:37	-0.1	1:43	-0.4	6:29	7:39	
28	Tue	8:35	4.8	9:02	5.2	2:22	-0.3	2:35	-0.5	6:30	7:38	
29	Wed	9:24	4.9	9:48	4.9	3:05	-0.3	3:24	-0.4	6:31	7:36	
30	Thu	10:10	5.0	10:31	4.6	3:46	-0.3	4:12	-0.2	6:31	7:35	
31	Fri	10:55	4.9	11:14	4.3	4:28	-0.1	5:01	0.1	6:32	7:33	