

Sand Shoal Inlet, VA - Jan 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:46	3.6	1:02	3.5	6:47	0.5	7:09	0.2	7:17	4:56	
2	Wed	1:42	3.8	1:58	3.4	7:46	0.5	8:00	0.1	7:17	4:56	
3	Thu	2:42	4.1	2:58	3.3	8:48	0.4	8:55	0.0	7:17	4:57	
4	Fri	3:42	4.4	3:59	3.4	9:52	0.2	9:53	-0.3	7:17	4:58	
5	Sat	4:41	4.8	4:57	3.5	10:54	0.0	10:51	-0.5	7:17	4:59	
6	Sun	6:37	5.1	6:54	3.7			12:52	-0.2	8:17	6:00	
7	Mon	7:32	5.4	7:49	3.8	12:48	-0.8	1:47	-0.5	8:17	6:01	
8	Tue	8:26	5.5	8:44	4.0	1:44	-1.0	2:39	-0.7	8:17	6:02	
9	Wed	9:18	5.5	9:37	4.1	2:38	-1.1	3:29	-0.8	8:17	6:03	
10	Thu	10:10	5.4	10:31	4.2	3:31	-1.1	4:18	-0.8	8:17	6:04	
11	Fri	10:59	5.1	11:23	4.2	4:25	-1.0	5:07	-0.8	8:17	6:05	
12	Sat	11:49	4.6			5:20	-0.7	5:57	-0.6	8:16	6:05	
13	Sun	12:16	4.1	12:38	4.1	6:18	-0.5	6:48	-0.5	8:16	6:06	
14	Mon	1:11	4.0	1:29	3.6	7:17	-0.2	7:39	-0.3	8:16	6:07	
15	Tue	2:09	3.8	2:24	3.2	8:19	0.1	8:31	-0.1	8:16	6:08	
16	Wed	3:10	3.7	3:23	2.9	9:23	0.3	9:24	0.0	8:15	6:10	
17	Thu	4:14	3.7	4:23	2.7	10:29	0.4	10:19	0.0	8:15	6:11	
18	Fri	5:13	3.8	5:20	2.7	11:33	0.4	11:12	0.0	8:15	6:12	
19	Sat	6:05	3.9	6:10	2.8			12:27	0.4	8:14	6:13	
20	Sun	6:51	4.0	6:55	2.9	12:03	0.0	1:11	0.3	8:14	6:14	
21	Mon	7:33	4.2	7:38	3.1	12:49	-0.1	1:48	0.2	8:13	6:15	
22	Tue	8:13	4.3	8:20	3.3	1:31	-0.2	2:23	0.1	8:13	6:16	
23	Wed	8:52	4.4	9:01	3.4	2:12	-0.3	2:57	0.0	8:12	6:17	
24	Thu	9:30	4.4	9:41	3.6	2:51	-0.3	3:31	0.0	8:12	6:18	
25	Fri	10:07	4.3	10:21	3.7	3:30	-0.2	4:06	0.0	8:11	6:19	
26	Sat	10:44	4.2	11:01	3.7	4:09	-0.2	4:42	0.0	8:10	6:20	
27	Sun	11:21	4.1	11:41	3.8	4:51	-0.1	5:19	0.0	8:10	6:21	
28	Mon	11:59	3.9			5:36	0.1	5:59	0.1	8:09	6:22	
29	Tue	12:24	3.9	12:40	3.6	6:25	0.2	6:43	0.1	8:08	6:23	
30	Wed	1:12	3.9	1:28	3.4	7:20	0.3	7:32	0.1	8:07	6:25	
31	Thu	2:07	4.0	2:24	3.2	8:19	0.4	8:27	0.0	8:07	6:26	