

Sand Shoal Inlet, VA - May 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:20	4.2	4:55	4.2	10:26	0.0	10:57	0.1	6:08	7:52	
2	Thu	5:20	4.1	5:52	4.5	11:20	-0.1	11:59	-0.1	6:07	7:53	
3	Fri	6:14	4.0	6:43	4.8			12:11	-0.2	6:05	7:53	
4	Sat	7:04	4.0	7:30	4.9	12:55	-0.2	12:58	-0.3	6:04	7:54	
5	Sun	7:51	3.9	8:15	5.0	1:46	-0.3	1:42	-0.3	6:03	7:55	
6	Mon	8:36	3.8	8:59	5.1	2:32	-0.3	2:25	-0.3	6:02	7:56	
7	Tue	9:20	3.7	9:43	5.0	3:15	-0.2	3:06	-0.2	6:01	7:57	
8	Wed	10:03	3.6	10:26	4.8	3:58	-0.1	3:48	0.0	6:00	7:58	
9	Thu	10:46	3.5	11:09	4.6	4:40	0.1	4:31	0.1	5:59	7:59	
10	Fri	11:29	3.4	11:53	4.4	5:24	0.3	5:15	0.3	5:58	8:00	
11	Sat			12:14	3.3	6:09	0.5	6:03	0.5	5:57	8:01	
12	Sun	12:39	4.2	1:02	3.3	6:55	0.6	6:54	0.7	5:56	8:01	
13	Mon	1:27	4.0	1:54	3.3	7:42	0.7	7:47	0.8	5:55	8:02	
14	Tue	2:18	3.8	2:49	3.4	8:29	0.7	8:43	0.8	5:55	8:03	
15	Wed	3:12	3.7	3:45	3.6	9:16	0.7	9:39	0.8	5:54	8:04	
16	Thu	4:06	3.7	4:38	3.9	10:02	0.6	10:35	0.7	5:53	8:05	
17	Fri	4:57	3.7	5:27	4.3	10:49	0.5	11:30	0.5	5:52	8:06	
18	Sat	5:46	3.8	6:14	4.7	11:36	0.3			5:51	8:07	
19	Sun	6:34	3.9	7:01	5.0	12:22	0.3	12:23	0.1	5:51	8:07	
20	Mon	7:21	4.0	7:48	5.3	1:13	0.1	1:10	-0.1	5:50	8:08	
21	Tue	8:09	4.0	8:36	5.6	2:01	-0.1	1:57	-0.2	5:49	8:09	
22	Wed	8:58	4.1	9:25	5.7	2:50	-0.2	2:45	-0.3	5:49	8:10	
23	Thu	9:48	4.1	10:16	5.6	3:39	-0.3	3:35	-0.4	5:48	8:11	
24	Fri	10:40	4.0	11:07	5.5	4:30	-0.3	4:27	-0.3	5:47	8:11	
25	Sat	11:33	4.0			5:23	-0.2	5:23	-0.2	5:47	8:12	
26	Sun	12:00	5.2	12:28	4.0	6:17	-0.1	6:23	-0.1	5:46	8:13	
27	Mon	12:55	4.9	1:27	4.0	7:13	-0.1	7:26	0.1	5:46	8:14	
28	Tue	1:52	4.5	2:31	4.0	8:09	0.0	8:31	0.2	5:45	8:14	
29	Wed	2:53	4.2	3:36	4.2	9:04	0.0	9:38	0.2	5:45	8:15	
30	Thu	3:55	3.9	4:38	4.3	9:58	0.0	10:44	0.2	5:44	8:16	
31	Fri	4:55	3.7	5:34	4.5	10:51	0.0	11:46	0.2	5:44	8:16	