

Sand Shoal Inlet, VA - Aug 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:24	3.5	7:55	4.7	1:35	0.5	1:16	0.2	6:07	8:11	
2	Fri	8:06	3.7	8:34	4.7	2:10	0.4	1:57	0.1	6:08	8:10	
3	Sat	8:47	3.8	9:12	4.7	2:43	0.4	2:37	0.1	6:09	8:09	
4	Sun	9:27	4.0	9:50	4.7	3:16	0.3	3:16	0.2	6:09	8:08	
5	Mon	10:07	4.1	10:27	4.6	3:50	0.3	3:55	0.3	6:10	8:07	
6	Tue	10:46	4.2	11:04	4.4	4:25	0.3	4:36	0.4	6:11	8:06	
7	Wed	11:26	4.3	11:41	4.2	5:01	0.4	5:19	0.5	6:12	8:05	
8	Thu			12:07	4.3	5:39	0.4	6:07	0.7	6:13	8:04	
9	Fri	12:21	4.0	12:52	4.4	6:20	0.5	6:58	0.8	6:14	8:03	
10	Sat	1:05	3.8	1:43	4.4	7:07	0.5	7:55	0.8	6:14	8:01	
11	Sun	1:57	3.6	2:42	4.5	7:59	0.5	8:56	0.8	6:15	8:00	
12	Mon	2:58	3.5	3:45	4.7	8:56	0.4	9:59	0.7	6:16	7:59	
13	Tue	4:03	3.6	4:49	5.0	9:57	0.3	11:02	0.5	6:17	7:58	
14	Wed	5:07	3.7	5:48	5.3	11:00	0.0			6:18	7:57	
15	Thu	6:07	4.0	6:45	5.5	12:02	0.3	12:02	-0.2	6:19	7:55	
16	Fri	7:04	4.4	7:38	5.7	12:58	0.0	1:00	-0.5	6:20	7:54	
17	Sat	7:58	4.7	8:30	5.7	1:49	-0.3	1:56	-0.6	6:20	7:53	
18	Sun	8:52	5.0	9:20	5.5	2:37	-0.5	2:50	-0.7	6:21	7:52	
19	Mon	9:44	5.1	10:09	5.3	3:24	-0.6	3:43	-0.6	6:22	7:50	
20	Tue	10:35	5.2	10:58	4.9	4:10	-0.5	4:37	-0.4	6:23	7:49	
21	Wed	11:26	5.1	11:46	4.5	4:57	-0.4	5:32	-0.2	6:24	7:48	
22	Thu			12:17	5.0	5:46	-0.2	6:29	0.1	6:25	7:46	
23	Fri	12:35	4.0	1:11	4.7	6:36	0.0	7:29	0.4	6:25	7:45	
24	Sat	1:27	3.6	2:09	4.5	7:30	0.3	8:31	0.7	6:26	7:44	
25	Sun	2:25	3.3	3:13	4.3	8:26	0.5	9:36	0.8	6:27	7:42	
26	Mon	3:28	3.2	4:18	4.2	9:23	0.6	10:41	0.9	6:28	7:41	
27	Tue	4:31	3.2	5:17	4.3	10:22	0.6	11:38	0.9	6:29	7:39	
28	Wed	5:28	3.3	6:06	4.4	11:17	0.6			6:30	7:38	
29	Thu	6:15	3.5	6:48	4.5	12:24	0.8	12:07	0.5	6:30	7:37	
30	Fri	6:58	3.8	7:27	4.6	1:01	0.7	12:52	0.4	6:31	7:35	
31	Sat	7:39	4.0	8:05	4.7	1:34	0.6	1:34	0.3	6:32	7:34	