

Sand Shoal Inlet, VA - Nov 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:24	5.4	8:42	4.2	1:46	0.1	2:32	0.2	6:27	5:05	
2	Sat	9:09	5.5	9:28	4.1	2:29	0.0	3:19	0.2	6:28	5:04	
3	Sun	9:56	5.4	10:16	4.0	3:14	0.1	4:09	0.3	6:29	5:03	
4	Mon	10:46	5.3	11:08	3.8	4:05	0.1	5:03	0.4	6:30	5:02	
5	Tue	11:40	5.1			5:01	0.2	6:00	0.4	6:31	5:01	
6	Wed	12:06	3.8	12:38	4.8	6:03	0.3	6:59	0.4	6:32	5:00	
7	Thu	1:09	3.8	1:41	4.6	7:08	0.4	7:57	0.3	6:33	4:59	
8	Fri	2:17	4.0	2:45	4.4	8:15	0.3	8:54	0.2	6:34	4:58	
9	Sat	3:22	4.3	3:46	4.3	9:22	0.2	9:49	0.0	6:35	4:58	
10	Sun	4:22	4.6	4:42	4.2	10:26	0.1	10:41	-0.1	6:36	4:57	
11	Mon	5:16	4.9	5:34	4.2	11:25	0.0	11:30	-0.3	6:37	4:56	
12	Tue	6:06	5.2	6:23	4.1			12:19	-0.2	6:39	4:55	
13	Wed	6:53	5.3	7:10	4.0	12:17	-0.3	1:09	-0.2	6:40	4:54	
14	Thu	7:39	5.3	7:56	3.9	1:02	-0.4	1:55	-0.2	6:41	4:54	
15	Fri	8:25	5.3	8:41	3.8	1:46	-0.3	2:40	-0.1	6:42	4:53	
16	Sat	9:09	5.1	9:26	3.7	2:29	-0.2	3:24	0.1	6:43	4:52	
17	Sun	9:54	4.9	10:11	3.5	3:13	0.0	4:09	0.3	6:44	4:51	
18	Mon	10:39	4.6	10:57	3.4	3:58	0.2	4:55	0.5	6:45	4:51	
19	Tue	11:24	4.4	11:45	3.3	4:46	0.4	5:42	0.6	6:46	4:50	
20	Wed			12:12	4.1	5:37	0.6	6:30	0.7	6:47	4:50	
21	Thu	12:37	3.3	1:02	3.9	6:31	0.8	7:17	0.7	6:48	4:49	
22	Fri	1:33	3.4	1:55	3.7	7:26	0.8	8:03	0.7	6:49	4:49	
23	Sat	2:30	3.5	2:48	3.7	8:23	0.9	8:49	0.7	6:50	4:48	
24	Sun	3:24	3.8	3:40	3.7	9:19	0.8	9:34	0.5	6:51	4:48	
25	Mon	4:14	4.1	4:29	3.7	10:13	0.7	10:20	0.4	6:52	4:47	
26	Tue	5:00	4.5	5:15	3.8	11:05	0.5	11:06	0.2	6:53	4:47	
27	Wed	5:45	4.8	6:01	3.9	11:54	0.3	11:51	0.0	6:54	4:46	
28	Thu	6:31	5.1	6:47	3.9			12:41	0.1	6:55	4:46	
29	Fri	7:17	5.4	7:33	4.0	12:36	-0.2	1:28	0.0	6:56	4:46	
30	Sat	8:04	5.5	8:21	4.0	1:22	-0.3	2:15	-0.1	6:57	4:46	