

Sand Shoal Inlet, VA - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:15	5.1	10:40	4.2	3:39	-0.8	4:24	-0.6	7:17	4:56	
2	Thu	11:05	4.8	11:35	4.1	4:36	-0.6	5:16	-0.6	7:17	4:56	
3	Fri	11:57	4.3			5:35	-0.4	6:09	-0.5	7:17	4:57	
4	Sat	12:33	4.1	12:53	3.9	6:38	-0.2	7:03	-0.4	7:17	4:58	
5	Sun	1:35	4.0	1:52	3.5	7:43	0.0	7:59	-0.3	7:17	4:59	
6	Mon	2:41	4.0	2:55	3.2	8:50	0.1	8:56	-0.2	7:17	5:00	
7	Tue	3:45	4.1	3:57	3.0	9:58	0.2	9:53	-0.2	7:17	5:01	
8	Wed	4:44	4.2	4:54	3.0	11:01	0.1	10:48	-0.3	7:17	5:01	
9	Thu	5:36	4.3	5:44	3.1	11:56	0.0	11:39	-0.3	7:17	5:02	
10	Fri	6:23	4.3	6:30	3.1			12:41	0.0	7:17	5:03	
11	Sat	7:06	4.4	7:14	3.2	12:25	-0.4	1:21	-0.1	7:17	5:04	
12	Sun	7:46	4.4	7:56	3.3	1:07	-0.4	1:58	-0.1	7:17	5:05	
13	Mon	8:26	4.4	8:38	3.4	1:48	-0.4	2:34	-0.1	7:16	5:06	
14	Tue	9:05	4.4	9:19	3.5	2:28	-0.3	3:09	-0.1	7:16	5:07	
15	Wed	9:43	4.2	9:59	3.5	3:07	-0.2	3:45	0.0	7:16	5:08	
16	Thu	10:21	4.0	10:40	3.5	3:48	-0.1	4:22	0.1	7:15	5:09	
17	Fri	11:00	3.8	11:22	3.5	4:31	0.1	5:01	0.2	7:15	5:10	
18	Sat	11:39	3.6			5:17	0.3	5:42	0.2	7:15	5:11	
19	Sun	12:07	3.5	12:23	3.4	6:07	0.4	6:26	0.3	7:14	5:12	
20	Mon	12:57	3.6	1:12	3.2	7:00	0.5	7:14	0.3	7:14	5:13	
21	Tue	1:53	3.7	2:07	3.1	7:58	0.6	8:06	0.2	7:13	5:15	
22	Wed	2:52	3.9	3:07	3.1	8:58	0.5	9:02	0.1	7:13	5:16	
23	Thu	3:51	4.2	4:06	3.2	9:59	0.4	10:00	-0.2	7:12	5:17	
24	Fri	4:48	4.5	5:03	3.4	10:58	0.1	10:57	-0.4	7:12	5:18	
25	Sat	5:42	4.9	5:58	3.7	11:54	-0.2	11:53	-0.7	7:11	5:19	
26	Sun	6:35	5.2	6:51	4.0			12:45	-0.5	7:10	5:20	
27	Mon	7:26	5.3	7:44	4.2	12:47	-1.0	1:34	-0.7	7:10	5:21	
28	Tue	8:16	5.4	8:36	4.4	1:40	-1.1	2:22	-0.9	7:09	5:22	
29	Wed	9:06	5.2	9:28	4.5	2:32	-1.1	3:10	-0.9	7:08	5:23	
30	Thu	9:55	4.9	10:20	4.5	3:26	-1.0	3:59	-0.9	7:08	5:24	
31	Fri	10:44	4.5	11:13	4.5	4:21	-0.8	4:48	-0.8	7:07	5:25	